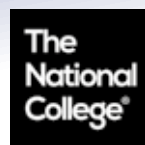




Stanley High School



GCSE OPTIONS 2024



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A guide to choosing option courses

The purpose of this options booklet is to provide students, parents and carers with information and guidance to help them make informed choices about what optional subject's students will study in years 10 and 11 at Stanley High. All students in all years follow the national curriculum and by definition this restricts the choices they can make due to the compulsory subjects that students must study.

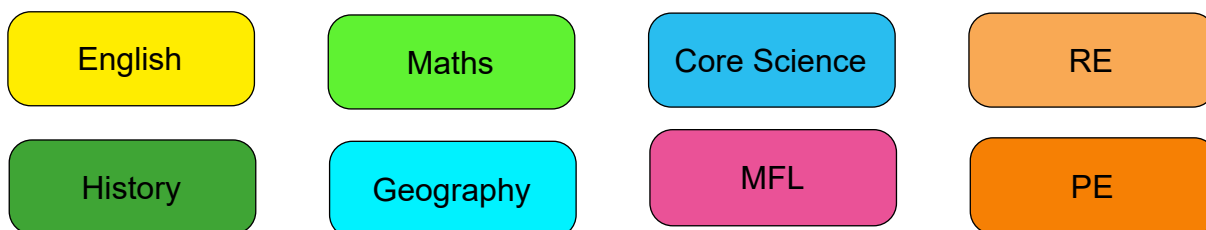
What we believe in

We adhere to the principle of providing a broad and balanced curriculum that provides students with the maximum opportunity to study subjects they enjoy whilst at the same time ensuring their curriculum is demanding academically. Our desire is to ensure that every student at Stanley makes more than their expected progress. This means that we also provide students with unique vocational courses that will provide good progression routes when they leave Stanley.

We are committed to ensuring that as many pupils as possible study the English Baccalaureate (EBacc) suite of qualifications. Though not a qualification in itself – is a measure of success in core academic subjects; specifically English, Mathematics, History or Geography, the Sciences and a Language.

These are subjects most likely that will keep young people's options open for further study and future careers. Students will also study Religious Education and Physical Education as part of their core curriculum

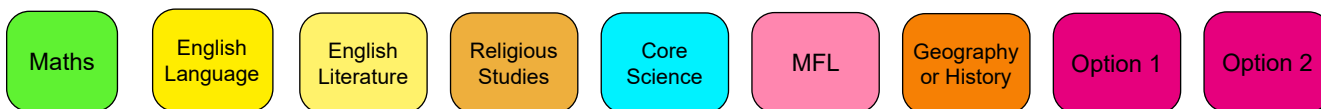
The core curriculum will include:



Option Pathways

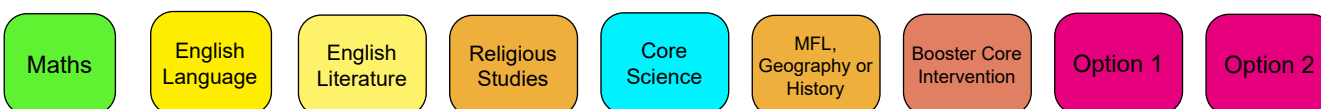
All students will have additional options choices to complete their GCSE pathway. The majority of students will follow Pathway 1 and will continue to study the Modern Foreign Language Option they selected at the end of Year 7, a Humanities Option and two further examination courses.

Pathway 1



Where students may require additional support or have extended periods of absence, they will be offered the pathway below. This pathway will only be available following discussions with Mr Venables, Ms Davenport and/or Mr Wright.

Pathway 2



The options programme is designed to ensure that students' opportunities at Key Stage 4 continue to offer pathways to ensure that whatever plans students have post 16, they will be able to progress onto suitable courses, apprenticeships or placements. Our students will continue to have flexibility to follow courses in subjects that they enjoy and in which they are most likely to be successful.

As a school we provide high quality information, advice and guidance for all our students. Our commitment to supporting each student's individual needs will ensure that the choices your child makes now are right for them and will enable them to enjoy and achieve at KS4 and beyond.

We will endeavour to allocate students their preferred option choices; however final decisions will ultimately depend on group sizes and staffing.

What do you need to do?

1. Read through this booklet carefully.
2. Ask your parents, subject teachers, Form Tutor, PSHE teacher and Mr Venables for advice.
3. Make your decisions based on your interests and abilities.
4. Fill in the form by following this link <https://forms.office.com/e/HeduaEsNH3> or scanning the QR code below by **Monday 26th February 2024**.

If you have any queries or need further help with anything, please do not hesitate to contact the relevant subject leader at enquiries@stanleyhigh.co.uk or Head of Year 9 Mr Venables at pvenables@stanleyhigh.co.uk.



Mr E Wright
Assistant Headteacher



Mrs J Shawe
Headteacher

Complete the online form by scanning the QR code below



Important deadlines

Year 9 Options Form deadline Monday 26th February

Completed forms can be submitted online or handed into the school office.

Complete all sections and return by **Monday 26th February 2024**.

Options questions

Take some time to read through the information in this booklet and prepare any questions that you still have. We have suggested some further information you may wish to ask:

- » Which other options would complement this option?
- » What resources would I be expected to provide?
- » What can I do in order to prepare for this option preference?
- » Are there any trips associated with this option preference?
- » When will the revision sessions take place?
- » What commitments will I have to make outside of school hours?
- » What revision materials do you suggest and what is the approximate cost?

You may also have further questions involving the subject content and how your interests may strengthen your success in an option preference.



Core English Language

Key areas of Study

- » Narrative and descriptive writing
- » Exploration of 19th, 20th and 21st Century non-fiction writing
- » Exploration of 20th and 21st Century fiction writing

Examination length

Paper 1: Explorations in Creative Reading and Writing (1hr 45mins)

Paper 2: Writers' Viewpoint and Perspectives (1hr 45mins)

This course has no controlled assessment or tiers of examination.

Examination board

AQA

What may this qualification lead to?

- » Advertising
- » Journalism
- » Law
- » Marketing and PR
- » Media researcher
- » Speech and Language therapist
- » Teaching
- » TEFL
- » University study

*For further information please see:
Mrs C Rae or Miss G Navin*



Core English Literature

Key areas of Study

- » A 19th Century novel, e.g. A Christmas Carol
- » Shakespeare, e.g. Romeo and Juliet
- » Modern text, e.g. An Inspector Calls
- » Past and present: Poetry anthology (currently power and conflict cluster)
- » Analysis of Unseen Poetry

Examination length

Paper 1: Shakespeare and the 19th century novel
(1hr 45mins)

Paper 2: Modern texts and poetry
(2hrs 15mins)

This course has no controlled assessment or tiers of examination.

Examination board

AQA

What may this qualification lead to?

- » Advertising
- » Journalism
- » Law
- » Marketing and PR
- » Media researcher
- » Speech and Language therapist
- » Teaching
- » TEFL
- » University study

*For further information please see:
Mrs C Rae or Miss G Navin*



Core Mathematics

Key areas of Study

The course content is divided into five broad areas of Mathematics:

- » Number
- » Algebra
- » Ratio and Proportion
- » Geometry and Measures
- » Statistics and Probability

Examination length

The final award is covered by three written examination:

- » **Paper 1** Non-calculator (1hr 30mins)
- » **Paper 2** Calculator (1hr 30mins)
- » **Paper 3** Calculator (1hr 30mins)

This course has no controlled assessment.

Examination board

Edexcel

What may this qualification lead to?

- » A Level Mathematics
- » Business
- » Engineering
- » Science
- » Architecture
- » Further education and study
- » Medicine
- » Finance

Higher level covers grades 4-9, and Foundation level covers grades 1-5. Students will be entered for the level most appropriate to their aptitude and ability. Each paper is worth 80 marks and weighted equally.

*For further information please see:
Mrs J Knox*



Core

Combined Science (Trilogy)

Key areas of Study

Over the course, students will study units covering Biology, Chemistry and Physics. These topics include:

BIOLOGY– Cell Biology, Organisation in plants and animals, Infection and response, Inheritance, variation and evolution.

CHEMISTRY– Atomic structure and the periodic table, Bonding, structure, and the properties of matter, Quantitative Chemistry, Organic Chemistry, Chemical analysis and Using resources.

PHYSICS – Energy, Electricity, Particle model of matter, Forces, Waves and Magnetism & electromagnetism.

Students will also carry out a range of practical work to develop laboratory skills, access first-hand experience of scientific ideas in practice and reinforce their understanding of key concepts.

The course is linear and assessed in full at the end of two years with six examinations in total covering all Biology, Chemistry and Physics units.

Examination length

There are six papers: two Biology, two Chemistry and two Physics. Each of the papers will assess knowledge and understanding from distinct topic areas. Each exam is tiered either higher or foundation and is 1hr 15mins long. Each exam will be out of 70 marks. This course has no controlled assessment.

Examination board

AQA

What may this qualification lead to?

Studying the dual award GCSE Trilogy Science provides students with two GCSEs in Science and the opportunity to progress on to A-Level Biology, Chemistry or Physics.

*For further information please see:
Mrs K Small*



Religious Studies

Key areas of Study

- » Basic beliefs of Christianity, including the birth, death and resurrection of Jesus, teachings about creation and the end of the world
- » Basic practices of Christianity, including the Eucharist, worship and prayer
- » Basic beliefs of Judaism, including beliefs about the Messiah, Covenants and life after death
- » Basic practices of Judaism, including rites of passage and festivals
- » Relationships, including marriage, divorce and family life
- » The Sanctity of Life, including abortion and euthanasia
- » Does God exist? Arguments for and against the existence of God.
- » Human rights, including race and gender

Examination length

Two written examinations, both 1hr 45mins.

This course has no controlled assessment.

Examination board

AQA

What may this qualification lead to?

Religious Studies at GCSE can lead to studying for an 'A' level in the subject. Religious Studies is also a university degree course.

A student who is considering any occupation which involves working with people will benefit from Religious Studies due to the nature of the topics discussed and the understanding and empathy engendered. Students have gone on to study hospitality and catering, have joined the Police and become social workers. You do not have to become a vicar!

*For further information please see:
Mrs K Pugh or Miss M Kent*



Core

Careers and PSHE

This is a non-examination course that is delivered through discrete lessons and enrichment days.

Promoting a career development culture is an essential part of the mission and ethos of our school. We aim to support the aspirations of all our learners and to ensure that they gain the understanding, skills and experience they need to make progress and succeed in learning and work. We believe that effective careers education and guidance not only contributes to the well-being of individuals but also to the wellbeing of their families, the communities to which they belong, wider society, businesses and the economy.

In PSHE education learners develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

The PSHE Curriculum includes drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

*For further information please see:
Mr E Wright, Miss V Waltho and Mrs J Kelly*



Physical Education

Our high quality Physical Education curriculum at Stanley aims to inspire all students to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for students to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities, build character and help to embed values such as fairness and respect.

The national curriculum for Physical Education aims to ensure that all students:

- » develop competence to excel in a broad range of physical activities;
- » are physically active for sustained periods of time;
- » engage in competitive sports and activities;
- » lead healthy, active lives.

Key areas of Study

In PE all our students are encouraged to tackle complex and demanding physical activities. They should get involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle.

Students will be taught and expected to:

- » use and develop a variety of tactics and strategies to overcome opponents in team and individual games;
- » develop their technique and improve their performance in other competitive sports, or other physical activities;
- » take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage students to work in a team, building on trust and developing skills to solve problems, either individually or as a group;
- » evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best;
- » continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.

At KS4 students should build on and embed the physical development and skills learnt in key stages 1, 2 and 3, become more competent,

confident and expert in their techniques, and apply them across different sports and physical activities.

They should understand what makes a performance effective and how to apply these principles to their own and others' work.

They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.

The lesson will require full PE kit as in earlier years.

*For further information please see:
Mr J Walsh*



Core

GCSE Modern Foreign Languages

- French, German or Spanish

Key areas of Study

- » Identity and relationships with others
- » Healthy living and lifestyle
- » Education and work
- » Free time activities
- » Customs, festivals and celebrations
- » Celebrity culture
- » Travel and tourism, including places of interest
- » Media and technology
- » The environment and where people live

Examination Details

Students are entered for either Foundation or Higher tier in all four skills. Higher tier covers grades 4 to 9 and Foundation tier covers grades 1 to 5.

- » Foundation Listening (35 mins)
- » Foundation Speaking (7-9 mins plus 15 mins of supervised preparation time)
- » Foundation Reading (45 mins)
- » Foundation Writing (1hr 10 mins)
- » Higher Listening (45 mins)
- » Higher Speaking (10-12 mins plus 15 mins of supervised preparation time)
- » Higher Reading (1hr)
- » Higher Writing (1hr 15mins)

Each of the skills are worth 25% of the final grade.

Examination board

AQA

What may this qualification lead to?

The qualification forms part of the Ebacc suite of subjects and can lead to study of French, German or Spanish at A level. Knowledge of another language could also be beneficial when applying for university and is a requirement for some university courses.

The study of a language can lead to careers in a variety of areas:

- » Business
- » Finance
- » Computing
- » Marketing
- » Tourism
- » Air-traffic Control
- » Importer/Exporter
- » Teaching
- » Interpreter or Translator

*For further information please see:
Miss J Navin*



Option Preference

GCSE Geography

Key areas of Study

- » Living with the physical environment
- » Natural hazards (earthquakes, volcanoes, hurricanes, extreme weather UK, climate change)
- » Physical landscapes (rivers and coasts)
- » The living world (rainforests and deserts)
- » Living with the human environment
- » Urban issues and challenges
- » The changing economic world
- » The challenge of resource management (energy)

Examination length

Paper 1: Living with the physical environment (1hr 30mins)

Paper 2: Living with the human environment (1hr 30mins)

Paper 3: Geographical applications (1hr 15mins)

Fieldwork: Students will also need to complete two pieces of fieldwork as part of the course. These will be examined as part of Paper 3.

Examination board

AQA

What may this qualification lead to?

Good all round qualification looked for by many courses and employers. Students gaining high grades in Geography will have a wide range of transferable skills.

Can lead into a wide range of careers including:

- » Land Management
- » Tourism
- » Development and Planning
- » Transport and Logistics
- » Energy Production

Is it for me?

Students who do well in Geography must be strong independent learners as Geography is a very challenging, literacy-based and scientific subject. A commitment to learning outside the classroom and lessons is essential.

They need to have an active interest in current affairs. They will be expected to complete two pieces of fieldwork independently of class work, so meeting homework deadlines will be vital to success.

They will need to be competent in a wide range of other school areas without needing to be outstanding: high levels of numeracy, literacy, ability in Science and competency with ICT are all expected in a good geographer.

*For further information please see:
Mr J Baxter or Miss E Chadderton*



Option Preference

GCSE History

Key areas of Study

- » Crime and punishment c.1000 to present and a Thematic study: Whitechapel c.1870-1900: Crime policing and the inner city
- » Period study: Superpower Relations and the Cold War 1941-1991 and British Depth study: Early Elizabethan England 1558-1588
- » Weimar and Nazi Germany, 1918-1939: Source question based on knowledge and understanding. Interpretation of sources.

Examination length

Paper 1 - 30% (1hr 15mins)

Crime and punishment c.1000-present and Whitechapel c.1870-1900: Crime, policing and the inner city

Paper 2 - 40% (1hr 45mins)

Superpower Relations and the Cold War 1941-1991 and Early Elizabethan England 1558-1588

Paper 3 - 30% (1hr 20mins)

Weimar and Nazi Germany, 1918-1939 **Section A:** Source question based on knowledge and understanding **Section B:** Interpretation of sources.

This course has no controlled assessment.

What may this qualification lead to?

- » Archaeology
- » Teaching
- » Police
- » Law
- » Accountancy
- » Archive work
- » Researcher
- » Library work
- » Journalism
- » Solicitor or Barrister

Is it for me?

- » Do you have the ability to sustain a high workload?
- » Do you have an ability to recall and name dates and a significant amount of subject knowledge?
- » Can you apply your knowledge to lengthy questions?

- » Do you have a keen interest in history?
- » Are you thinking of a career related to history itself?

This course has a high literacy content, and will require students to remember a large amount of factual information and write lengthy essays. The enjoyment of writing and the subject itself is vital.

Why study History?

The answer is because we virtually must, to gain access to the laboratory of human experience. It develops skills, such as analysing an event and concluding how and why the event happened, using evidence. We look at developing historical key concepts, such as cause and consequence, change and continuity, chronology, significance and interpretation.

History will also develop critical thinking and the capacity to interpret different historical sources in order to comprehend the past. History provides a real grasp of how the world works. History is an attractive qualification to employers.

Jobs that have led from a history qualification have included archaeology, law, policing, archive work, teaching and accountancy.

*For further information please see:
Mrs K Pugh*



Option Preference

GCSE Separate Sciences

Key areas of Study

Biology

- » Cell Biology
- » Organisation in plants and animals
- » Infection and response
- » Bioenergetics
- » Homeostasis and response,
- » Inheritance, variation and evolution
- » Ecology
- » Key ideas

Chemistry

- » Atomic structure and the periodic table
- » Bonding, structure, and the properties of matter
- » Quantitative Chemistry
- » Chemical changes
- » Energy changes
- » The rate and extent of chemical change
- » Organic Chemistry
- » Chemical analysis
- » Chemistry of the atmosphere
- » Using resources

Physics

- » Energy
- » Electricity
- » Particle model of matter
- » Atomic structure
- » Forces
- » Waves
- » Magnetism and electromagnetism
- » Space Physics

Examination length

There are six papers: two Biology, two Chemistry and two Physics. Each of the papers will assess knowledge and understanding from distinct topic areas. Each exam is tiered either higher or foundation and is 1hr 45mins long. Each exam will be out of 100 marks.

This course has no controlled assessment.



Examination board

AQA

What may this qualification lead to?

EBacc

Strong grounding for further study of the Sciences at A Level, and those students looking to enter Science based employment e.g. medicine, veterinary sciences, engineering, pharmaceuticals.

Is it for me?

Students should be curious and keen to explore key scientific ideas in depth. Students will develop their knowledge of how to work scientifically, and their skills of analysis and evaluation.

Students should expect to improve their practical scientific skills through a specification which has the practical aspects of Science at its heart.

Separate Science is a rewarding and enjoyable option for students who are keen to challenge themselves and their understanding of the world around them.

*For further information please see:
Mrs K Small*

Option Preference

GCSE Dance

Key areas of study

- » Skills (Physical, choreographic, technical)
- » Choreographic devises (retrograde, canon, unison, fragmentation, instrumentation)
- » Different stimuli and aural setting and their impact upon choreography
- » Look into a variety of dance styles
- » Critically assess own work
- » Assess the work of other choreographers

Examination length

Dance Appreciation 1hr 30mins (40% overall mark)

- » Knowledge and understanding of choreographic processes and performing skills
- » Critical appreciation of own work
- » Critical appreciation of professional works

Controlled Assessment

Performance (30%):

- » Set phrases through a solo performance (one minute in duration)
- » Duet/trio performance (three and a half minutes in duration)

Choreography (30%):

- » Solo or group choreography - a solo (two to two and a half minutes in duration) or a group dance for two to five dancers (three to three and a half minutes)
- » The practical aspects are internally marked and externally moderated

Examination board

AQA

Is it for me?

Students should have an interest in contemporary dance. Ideally, students will show a commitment to working outside the timetable (i.e. at extra-curricular Dance Club).

A good ethic towards hard work is essential as GCSE Dance is by no means an easy option.

*For further information please see:
Mr J Walsh or Miss L Cregg*



Option Preference

GCSE Design and Technology

Why choose WJEC Eduqas GCSE Design and Technology?

Through studying GCSE Design and Technology, you will be prepared to participate confidently and successfully in an increasingly technological world; and be aware of, and learn from, wider influences on design and technology, including historical, social/cultural, environmental and economic factors. The course will offer you the opportunity to solve real problems by designing and making products or systems. You will study a range of technical and designing and making principles, allowing you to develop knowledge and understanding of design and technology, its impact and a broad understanding of materials, systems and processes with a specialism in Timbers.

What skills will I develop?

Studying Design and Technology will enable you to develop a wide range of transferable skills for further education, work and life:

Creative and innovative thinking - imagination and experimentation - Ability to critique and refine your ideas - Decision making skills – practical skills to develop functional prototypes - Communication skills

How will I be assessed?

There is one 2 hour written examination (component 1) at GCSE worth 50% of the qualification; the remaining 50% will be a Design and Make task (NEA) (Component 2)

Component 1: Design and Technology in the 21st Century

A mix of short answer, structured and extended writing questions assessing candidates' knowledge and understanding of:

- » technical principles
- » designing and making principles along with their ability to:
- » analyse and evaluate design decisions and wider issues in design and technology.

Component 2: Design and Make Task

A sustained design and make task, based on

a contextual challenge set by WJEC, assessing candidates' ability to:

- » identify, investigate and outline design possibilities
- » design and make prototypes
- » analyse and evaluate design decisions and wider issues in design and technology

Careers with Design and Technology

There are many career paths that Design and Technology could take you down; from carpenter to Architect all the way to Aerospace engineer.

Here are just some of the industries and jobs that are facilitated by a qualification in Design and Technology:

IT AND THE INTERNET - Games Developer, Software Programmer, Network Engineer, Web Designer

FASHION AND BEAUTY - Fashion Designer, Dressmaker, Hairdresser

DESIGN & CONSTRUCTION – Tradesperson, Architect, Mechanical Engineer, Product Designer

MANUFACTURING – Food Technologist, Manufacturing Engineer, Manufacturing Manager

You could of course carry on studying on Design and Technology at an advanced level, which would allow you the opportunity to study a range of courses at university.

*For further information please see:
Miss K Green*



Option Preference

GCSE Drama

Key areas of Study

- » Creation, presentation and evaluation of performance.
- » Set play texts exploration and presentation.
- » Live Theatre production
- » Theatre roles and terminology

Examination length

Component 1 40% (1hr 45mins)

- » *Section A* - multiple choice (4 marks)
- » *Section B* - 4 Set Play Questions (44 marks)
- » *Section C* - 2 part question on Live Theatre Performances (32 marks)

Controlled assessment

Component 2 40%: Devised Performance/Design (20 marks) with devising log (60 marks)

Component 3 20%: Set play extract Performance/Design (50 marks)

Examination board

AQA

What may this qualification lead to?

Clear progression to BTEC, AS/A Level Drama and Theatre due to studying set texts and live theatre production.

Students learn to collaborate with others, think analytically and evaluate effectively. They gain confidence to pursue their own ideas, reflect and refine their efforts. Skills gained are transferable in all further studies and in the workplace due to collaboration and presentation as well as independent organisation.

Is it for me?

Do you enjoy Drama and Theatre, as a performer?

Can you work positively and collaboratively with others in an active environment?

Are you enthusiastic and able to take part and support others in planning and rehearsal as well as performance and evaluation?

*For further information please see:
Miss E Gregson-Burt*



Option Preference

GCSE Fine Art

Key areas of Study

- » Drawing
- » Painting
- » Sculpture
- » Printmaking
- » Photography
- » Installation

Examination length

Ten hours of supervised work and unlimited preparation time from 1st January.

Controlled assessment

Unit 1 Portfolio of Work (60%)

Unit 2 Externally Set Task (40%)

Examination board

EDUQUAS

What may this qualification lead to?

- » A Level Art and Design and degree course
- » Art and Design related courses:
- » Multi media
- » Games design
- » Interior design
- » Graphic design
- » Photography
- » Illustration
- » Architecture
- » Makeup, costume and stage design
- » Fashion design

Is it for me?

- » Do you have good drawing skills?
- » An interest in Art and Design?

*For further information please see:
Mrs E Ward or Mrs F McAlister*



Option Preference

GCSE Food Preparation and Nutrition

Why should I opt?

GCSE in Food Preparation and Nutrition equips learners with the knowledge, understanding and skills required to cook and apply the principles of food science, nutrition, and healthy eating. It allows learners to cook, enables them to make informed decisions about food and nutrition and allows them to acquire knowledge in order to be able to feed themselves. Student will:

- » Be able to demonstrate effective and safe cooking skills by planning, preparing, and cooking a variety of food commodities whilst using different cooking techniques and equipment
- » Develop knowledge and understanding of the functional properties and chemical characteristics of food.
- » Understand the relationship between diet, nutrition, and health, including the physiological and psychological effects of poor diet and health
- » Understand the economic, environmental, ethical, and socio-cultural influences on food availability, production processes, diet, and health choices
- » Demonstrate knowledge and understanding of functional and nutritional properties, sensory qualities, and microbiological food safety considerations.

Breakdown of the course

Component 1: Principles of Food Preparation and Nutrition Written examination:

- » 1 hour 45 minutes
- » 50% of qualification

This component will consist of two sections both containing compulsory questions and will assess the six areas of content as listed in the specified GCSE content.

Component 2: Food Preparation and Nutrition in Action NEA

Internally assessed, externally moderated.

Assessment 1: 8 hours: 15% of qualification

Assessment 2: 12 hours 35% of qualification

Assessment 1: The Food Investigation

Assessment A scientific food investigation which will assess the learner's knowledge, skills and understanding in relation to scientific principles underlying the preparation and cooking of food.

Assessment 2: The Food Preparation

Assessment Prepare, cook, and present a menu which assesses the learner's knowledge, skills and understanding in relation to the planning, preparation, cooking and presentation of food.

Examination Board

EDUQAS

*For further information please see:
Mr J Sconce*



Option Preference

GCSE Physical Education

Examination board

OCR

GCSE (9–1) Physical Education

Studying GCSE (9–1) Physical Education will open your eyes to the amazing world of sports performance.

The combination of physical performance and academic challenge provides an exciting opportunity for students. You can perform, and then through the academic study, learn how to improve your performance through application of the theory.

Physical Education is learned about through a range of different contexts and the impact it has on both ours and other's everyday lives. You will learn the reasons why we do things, why some people outperform others, mentally and physically. You will also delve into the ethical considerations behind the use of drugs and also gain an understanding of the consequences of inactivity and poor diet.

What's included?

40% Non-Exam assessment giving you the opportunity to apply the theory to your own sporting performance in three different activities as well as allowing you to analyse performance in your chosen sport.

The body systems, including:

- » The skeletal, muscular, circulatory and respiratory systems
- » Fitness, Training and Exercise
- » Prevention of injury
- » Psychology in Sport
- » Social and Cultural aspects of Sport
- » Drugs in Sport
- » Health, fitness and well being
- » Diet and nutrition

How will you be assessed?

Practical (40%): Assessed in three practical performances and one Performance Analysis task.

Theory (60%): Two examination papers (2x 1 hour) taken at the end of the two year course.

A wide range of Question types including: multiple choice, single mark, short answer and extended response questions.

What are the benefits?

The development of transferable skills including: decision making, psychological understanding of people, independent thinking, problem solving and analytical skills as well as thinking, acting and reacting under pressure.

The study of GCSE (9–1) Physical Education opens up a range of possibilities for further study and also into careers associated with the subject.

Where can GCSE (9–1) Physical Education take me?

GCSE (9–1) Physical Education is not just an excellent base for the OCR A Level in Physical Education, it can take you much further. For those of you fascinated by the human mind, why not carry on to Psychology? For people into the why of the human race this carries you through to Sociology. This is also an excellent additional qualification for those undertaking the sciences with the intention to move through into medicine or physiotherapy routes.

Beyond A Level, the study of Physical Education can lead on to university degrees in sports science, sports management, healthcare, or exercise and health. Physical Education can also complement further study in Biology, human Biology, Physics, psychology, nutrition, sociology, teacher training and many more. The transferable skills you learn through your study of Physical Education, such as decision making and independent thinking are also useful in any career path you choose to take.

*For further information please see:
Mr J Walsh*



Option Preference

Level 1/2 Vocational Award in Sport and Coaching Principles

Exam board

WJEC

Qualification Objective

The Vocational Award in Sport and Coaching Principles has been designed to support learners in schools who want to learn about this vocational sector and the potential it can offer them for their careers or further study. It is most suitable as a foundation for further study. This further study would provide learners with the opportunity to develop a range of specialist and general skills within sport that would support their progression to employment.

Summary of Assessment

Unit 1: Fitness for Sport – Examination (1 hour 20 minutes) – 40% of qualification.

- » Structure, functions and adaptations to the body's systems in relation to sport, exercise and physical activity
- » The importance of the components of fitness for different physical activities.
- » The role of training in achieving improvements in fitness.

Unit 2: Improving Sporting Performance – Controlled assessment – 25% of qualification.

- » Factors affecting sporting performance
- » Analysis of sporting performance

Unit 3: Coaching Principles – Controlled assessment – 35% of qualification.

- » Knowledge of the skills and responsibilities of a sports coach
- » Understanding the coaching process
- » How to coach
- » Reviewing coaching performance

Topics covered over the whole qualification

- » Physiological, psychological and technical factors which impact sports performance
- » Identify attributes which make a successful sports leader
- » Planning, delivering and evaluating a sports session
- » Fitness testing
- » Short- and long-term effects of exercise
- » Body systems
- » Training methods

What this qualification may lead to

Qualifications;

- » A Level qualification within PE and Sport
- » BTEC Level 3 qualification within PE and Sport

Careers;

- » Teaching
- » Coaching
- » Physiotherapy
- » Personal Trainer
- » Sport Journalism
- » Sport Psychologists

*For further information please see:
Mr J Walsh*



Option Preference

GCSE Music

Key areas of Study

Component 1: Performing Music

Students perform:

- » solo performance (instrument of their own choice including voice and DJ'ing)
- » ensemble performance two people or more instrument of their own choice including voice and DJ'ing
- » Both performances must total a minimum of four minutes with the Ensemble forming at least one minute

Component 2: Composing

Composing involving students writing their own music. Students will submit two compositions, of a combined duration of at least three minutes:

- » one in response to a brief set by the Examination Board;
- » one free composition set by the student.

Component 3: Listening and Appraising

Students will learn about the historical development of Music. They will study the musical theory, elements, musical contexts and musical language through four areas:

The Concerto

- » Students will learn how the evolution of instruments and composing helped change the styles and different performances of classical music through time

Rhythms and World Music

- » Students will study a variety of world music styles from different continents and fusion music looking at how it plays a core part in society and culture

Film Music

- » Students will study in detail the history of film music and how it plays an integral role in the development of cinema and movies.

Popular Music

- » From its origins in the 1950's, students will study the theory and history of popular music looking at how structures, instruments, sounds and technology have changed to help shape the different genres of this time



Examination length

Appraising written exam (40% of final mark) - 1hr 45mins

Controlled assessment

PERFORMING (solo and ensemble) 30% of final mark

COMPOSING (2 compositions in total) 30% of final mark

Examination board

Edexcel / OCR

What may this qualification lead to?

- » AS and A2 in Music, Music Technology, and Performing Arts.
- » BTECs including Music Performance, Advanced Musicianship Virtuoso.
- » Your listening skills will enhance the aural perception needed in language examinations.
- » Your performing skills will give you confidence in playing to an audience – useful if you intend to pursue, for example, drama or law.

Is it for me?

- » Do you have a passion for music?
- » You need to be able to play and perform an instrument of your choice including singing and DJ'ing by the end of the course.
- » For some sections of the course, you will need to be able to read and understand music notation. You will be taught this.

*For further information please see:
Mr L Winstanley or Mr E Wright*

Option Preference

BTEC Technical Award in Creative Media (Level 1 and 2)

Why should I opt?

The Pearson BTEC Level 1/Level 2 Tech Award in Creative Media Production is for learners who wish to acquire skills through vocational contexts by studying the knowledge, skills and processes related to investigating, exploring and creating media products as part of their Key Stage 4 learning.

The learners will acquire knowledge, understanding and skills to underpin their practical activities in assessment, and this will complement their GCSEs.

The qualification will broaden the learner's experience and understanding of the varied progression options available to them.

The award gives learners the opportunity to develop sector-specific knowledge and skills in a practical learning environment.

The focus is on three areas of equal importance, which cover the:

- » Knowledge that underpins the effective use of skills, processes and attitudes, including production processes and techniques.
- » development of key skills that prove your aptitude in creative media production such as investigating and developing ideas through pre-production, production and post production of media products
- » processes which underpin effective ways of working in creative media production, such as responding to briefs, planning, generating ideas and responding to feedback.

This course complements the learning in GCSE programmes, such as Design and Technology, Art and Design and Computer Science, by

broadening the application of 'design and make' skills in the context of a media product, working with a brief, and understanding and engaging different audiences through making compelling products.

Break down of the course

Exam Split

COMPONENT 1: Two written reports based upon exploring media products

COMPONENT 2: A portfolio of evidence based project work and a final piece from an internally set brief.

COMPONENT 3: Responding to an externally set brief under exam conditions.

Qualification grade UMS Grade boundary as % of total

P1-D2*

*For further information please see:
Mrs C Lyon*



Latin Excellence Programme

This September, Y9 pupils at Stanley High School began participating in an innovative and ambitious programme that aims to help thousands of pupils in England develop an understanding and appreciation for Latin.

The Department for Education's Latin Excellence Programme (LEP) supports schools to deliver an evidence-informed Latin curriculum designed for pupils aged 11 to 16. Non-selective state schools, from across all regions of England, are participating in the programme, which is being delivered by Future Academies.

Stanley High School's Year 9 pupils will spend up to two hours a week studying Latin after school, and will have access to a wide range of enrichment activities, including school trips.

By taking part, pupils will be able to access some of the wider benefits of a classical education, including improved literacy, broadened vocabulary, increased academic resilience and access to empowering knowledge that is not usually available to state-school students.

The programme, which is funded for four years, will be independently evaluated.

Charles Furber, Director of the Latin Excellence Programme, said:

"There are currently over 2,500 young people in 18 state schools across England benefitting from the Latin Excellence Programme, with another 22 schools joining the programme from September. There are enormous benefits to learning Latin as it teaches students about linguistics and can improve literacy as well as giving them access to interesting and important knowledge about the ancient world. This year, we are delighted to welcome Stanley High School to the programme and cannot wait to support the school's fantastic teachers to deliver the best possible Latin provision for their pupils."

About the Latin Excellence Programme

The Latin Excellence Programme is an innovative education programme that started in 2022. There are now around 2,700 students in non-selective state schools across England benefitting from the programme.

The programme is funded by the Department for Education and delivered by Future Academies. Over the course of four years, the programme will help over 8,000 school pupils in England to learn Latin.

Between 2022 and 2026, the programme will work with around 40 non-selective state schools, particularly in the North, Midlands and South West of England, and aims to increase the proportion of disadvantaged students studying Latin. The programme will also improve the supply of Latin teachers, by increasing the number of opportunities for teaching practice.

It is hoped our Latin students who engaged with the course at the start of the year will continue their extra curricular studies into Y10.

Please note that Latin is not part of the Option offer, but part of our Enrichment Programme, hence its omission from the Options form.

*For further information please see:
Miss E Chadderton or Mr A Brown*



Frequently Asked Questions

Q: What happens if I am identified as needing intervention and support in Maths and English?

A: This decision will be discussed with you and your parents. It will mean that you will study one less GCSE option. This will not only support your Maths and English grades, it will also allow you to focus on fewer subjects so that you can prioritise your time.

Q: Can I take both History and Geography?

A: Yes.

Q: I don't know what I want to do as a career. What do I do?

A: Speak with careers staff, teachers and parents. Do some research - try www.careersbox.co.uk for Example. Choose a broad and balanced set of choices to keep your options open rather than, say, choosing all practical subjects.

Q: What happens if sets are oversubscribed?

A: This can happen and there are no easy solutions. We cannot simply create more sets as we do not have the staff or rooms to do so. It is for this reason that each student is asked to include a second choice subject on their options form. The vast majority of students will get their first choice options and where set sizes preclude the first choice, we will endeavour to secure your second choice.

Q: What if only small numbers of students opt for a particular subject?

A: The school reserves the right to remove a subject from the curriculum if the set size is not viable; in practice, this rarely happens.

Q: I am keen on a career in medicine/dentistry/pharmacy. What should I do?

A: Students will need to achieve outstanding results in Biology, Chemistry and Physics to gain places at university for these competitive courses. It is not mandatory that you should select the

separate sciences, but this may give you an advantage.

Q: Do we get graded on our coursework?

A: Yes. Although there is a general trend to remove coursework from GCSE's, if you are still required to complete some coursework and it will count towards the GCSE. Check the subject pages in the booklet.

Q: Once I have chosen a subject, what happens if I don't enjoy it? Can I change?

A: As a rule, we do not allow students to change their option subjects. Any change to your subjects is clearly a big step particularly when trying to catch up on missed work, therefore, changes to subject choices are taken on a case by case basis and are very carefully considered.

Q: I still have questions. Who can I contact?

A: Speak with your teachers, form tutor, year leader, parents/carers and careers staff. They can all offer Help and advice. Older students may also be able to help you. Remember it is ultimately your decision; you have to feel happy and comfortable with the choices. Also remember that the most important thing is to get the best possible grades at GCSE.

Q: When will I find what Options I have ?

It is envisaged processing of the Option selections to generate an Option Timetable will be complete by Easter. Students and parents will be informed by letter around this time.

Further Links

Youth Employment UK
<https://www.youthemployment.org.uk/>

BBC Bitesize
<https://www.bbc.co.uk/bitesize/secondary>

Careerpilot
<https://careerpilot.org.uk/information/gcses>

The Options Process

After the deadline for options on 26th February, we will work to accommodate as many first choices as possible. Unlike many schools, we do not group subjects together before you make your choices. That would be easier for us, but it would mean less choice and flexibility for you.

We prioritise your choices and begin drawing up the rest of next year's timetable from there. We are usually able to meet the requests of the vast majority of students, although given the number of combinations of choices possible, there can be a small number of combinations of subjects that do not fit with everyone else's. If we find that we cannot offer your combination of choices we will let you know as soon as possible.

We also do not usually run classes with twelve students or fewer. With these caveats in mind, you are asked to make a reserve choice of subject so we can take this into account when constructing the timetable. There is no advantage to not choosing a reserve subject: the sole criterion when constructing the timetable is to find the combination that allows most first choices to be accommodated, regardless of whether a reserve has been chosen.

If, between February and September, you change your mind about your options, we will try to amend your subject choices as long as the change is possible within the timetable that has been drawn up at that stage and there is space within the chosen classes.

Do not worry about not knowing which specific career you wish to follow at this stage; remember that even when you know the answer to this question it is very likely that your career direction may change at some time in the future.

Through the Pathways Interview process we will offer advice and guidance to students about which subjects are best suited to their individual needs. This guidance will also take into account the student's aptitude and interests.

Students may not be able to take every subject selected, although we will do our best. It is important to think carefully about the reserve choices made, just in case. We ask students to realise that they will not be able to suddenly change their minds afterwards. The decision made is the final decision.

The school timetable is built around the subject groups we will put together, and we will have satisfied as many students as we possibly can. Once these groups are established no changes can be made. This will not be a problem if students remember to find out what each of their subjects is really about, discuss them as much as possible, and make their own individual choices. Every possible effort will be made within the resources the school has, to give every student the subjects they have carefully chosen.

Finally, remember that activities, clubs and programmes of study like the Duke of Edinburgh Award, outside normal lesson time are also very important. Students should realise that when they are interviewed later for University or a job, they will be asked about their interests and pastimes. There is an excellent range of these and they help students to develop as many different skills as possible. Students in the past have even found career interests through such activities.

Remember, if you do have any concerns (subject specific or pastoral matters) we are here to help, advise and support.



How can you support your child?

- » Make sure your child gets adequate sleep; it is advised that secondary school students get at least 9 hours sleep with 11 and 12 year olds advised to get up to 11 hours sleep.
- » Make sure you check the school website for updates. Please visit www.stanleyhigh.co.uk.
- » Take an active interest in your child's progress at school, ask and support them with homework, get students to discuss what they are learning in particular subjects.
- » Check planners and the school website for updates. If you are concerned use the planner as a means of dialogue between home and school.
- » Ensuring that deadlines for homework and assessments are known and helping students meet deadlines.
- » Make sure your child has a good attendance record. Only keep your child off ill if it absolutely necessary. To give you an example of the impact of attendance upon achievement, a student with attendance of 91% is known to drop by one whole GCSE grade based upon predicted performance.
- » Encourage your child to read with you, and to you. Be a positive role model; it has been proven that parents who dedicate some quiet reading time for themselves exert a positive impact upon their children's attitude to learning and progress. This has been proven to improve mechanical literacy skills and comprehension which is particularly important at KS4. Acquiring literacy skills is a vital component that will impact upon progress in all areas.
- » Ensure that if at all possible your child has a suitable learning space that is not crammed full of devices to distract them eg: Xbox's etc. If this is not possible, strike an agreement that when your child is revising or working, these devices are turned off.
- » Ensure that students have the basic equipment at home to help them study, eg: a calculator, English dictionary and a MFL dictionary. If you are unsure about what to provide contact the subject specialist teachers and they can advise you.
- » If you have any concerns please contact us at school, whether it be matters over discrete aspects of the curriculum or pastoral issues. It is important that you resolve these as soon as possible and do not become anxious. We would encourage you to contact the appropriate member of staff as soon as possible.



Advice and Guidance

We work very closely with all the local colleges who offer post-16 courses to Stanley students, to help provide them with unbiased guidance about what their next steps might be when they leave us at the end of Year 11.

We try, wherever possible, to ensure that there are suitable progression routes for our students to access, by liaising with staff at local colleges over their curriculum offer, and how this will help our students when they leave us.

We work closely with employers and agencies that offer apprenticeships for young people, to provide students wishing to move into employment with clear unambiguous guidance about their choices.

We also work closely with Career Connect to provide students with independent advice and guidance to try and ensure that they make informed choices about their future careers and education.

To further help prepare students for the world of employment, we work with a number of industrial and charitable organisations to hold 'mock job interviews' for students.

Here is a list of local further education providers:

Career Connect

Elaine Meredith - Careers Advisor

Career Connect HQ Liverpool, 7th Floor,
Walker House, Exchange Flags, Liverpool, L2 3YL
0151 600 7700
elaine.meredith@careerconnect.org.uk

Christ the King

Helen Cunningham

Stamford Road, Southport, PR8 4EX
01704 552000

KGV College

Tom Row

Scarisbrick New Road, Southport, PR8 6LR
01704 530601
enquiries@kgv.ac.uk

Southport College

Tom Rowe

Student Guidance, Mornington Road,
Southport, PR8 0TT
01704 500606
guidance@southport.ac.uk

Runshaw College

Stuart Dolman

Langdale Road, Leyland, PR25 3DQ
01772 622677
fawbert.k@runshaw.ac.uk

Hugh Baird College

Balliol Road, Bootle, L20 7EW

0151 353 4444
admissions@hughbaird.ac.uk

Myerscough College

Saint Michael's Road, Bilsborrow,
Preston, PR3 0RY
01995 642341

Contact us

Main school contact

Telephone: 01704 228940

Email: enquiries@stanleyhigh.co.uk

Form Tutors

9PB	Mr P Black	pblack@stanleyhigh.co.uk
9HW	Miss H Wooliscroft	hwooliscroft@stanleyhigh.co.uk
9EMC	Mrs E McCormick	emccormick@stanleyhigh.co.uk
9GN	Miss G Navin	gnavin@stanleyhigh.co.uk
9MR	Miss M Rojas	mrojas@stanleyhigh.co.uk
9KF	Mr K Fraser	kfraser@stanleyhigh.co.uk

Year Leader

Year 9	Mr P Venables	pvenables@stanleyhigh.co.uk
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SEND Co-ordinator

	Ms K Davenport	kdavenport@stanleyhigh.co.uk
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Year 9 Options Form

Complete all sections and return by **Monday 26th February 2024** to the School Office

Name _____ Tutor Group _____

Complete the option block below by choosing 3 subjects, one from each block.

Option 1
GCSE Geography
GCSE History

Option 2
GCSE Geography
GCSE History
GCSE Dance
GCSE Design and Technology
GCSE Drama
GCSE Fine Art
GCSE Food and Nutrition
GCSE Modern Foreign Language French, German or Spanish
GCSE Music
GCSE PE
Sport Vocational Award
GCSE Separate Sciences
Technical Award in Creative Media

Option 3
GCSE Geography
GCSE History
GCSE Dance
GCSE Design and Technology
GCSE Drama
GCSE Fine Art
GCSE Food and Nutrition
GCSE Modern Foreign Language French, German or Spanish
GCSE Music
GCSE PE
Sport Vocational Award
GCSE Separate Sciences
Technical Award in Creative Media

Complete the online form by scanning the QR code below



Please list your preferences in order. We will endeavour to give you your first 3 choices. Where this is not possible we will allocate you one of your reserve choices. The reserve choices should also be completed in the blocks below.

Reserve Option 1
GCSE Geography
GCSE History
GCSE Dance
GCSE Design and Technology
GCSE Drama
GCSE Fine Art
GCSE Food and Nutrition
GCSE Modern Foreign Language French, German or Spanish
GCSE Music
GCSE PE
Sport Vocational Award
GCSE Separate Sciences
Technical Award in Creative Media

Reserve Option 2
GCSE Geography
GCSE History
GCSE Dance
GCSE Design and Technology
GCSE Drama
GCSE Fine Art
GCSE Food and Nutrition
GCSE Modern Foreign Language French, German or Spanish
GCSE Music
GCSE PE
Sport Vocational Award
GCSE Separate Sciences
Technical Award in Creative Media

Reserve Option 3
GCSE Geography
GCSE History
GCSE Dance
GCSE Design and Technology
GCSE Drama
GCSE Fine Art
GCSE Food and Nutrition
GCSE Modern Foreign Language French, German or Spanish
GCSE Music
GCSE PE
Sport Vocational Award
GCSE Separate Sciences
Technical Award in Creative Media

The school runs a number of formalised after school enrichment activities, would you be interested in:

Duke of Edinburgh – Bronze Award

Signed _____ (Student)

Signed _____ (Parent/carer) Date _____



Stanley High School, Fleetwood Road, Southport, Merseyside, PR9 9TF

T 01704 228940

E enquiries@stanleyhigh.co.uk

www.stanleyhigh.co.uk

