



15th September 2023

Good afternoon Stanley Families

Please see below a number of messages, requests and advice for your information. We will update this weekly as appropriate.

Thank you for taking the time to read this bulletin.

If you would like to request anything related to this bulletin, please contact the school on the enquiries email. enquiries@stanleyhigh.co.uk.

Thank you

Eco School Green Flag



We are excited to announce that over the summer we have been awarded the Eco School Green Flag.

Please read below their comments about the school and our application.

It's very impressive that you have formed such a large Eco-Committee. It shows that young people in your school are aware of environmental issues and committed to being active and creating positive change. This knowledge and attitude has provided your school with excellent foundations for the many successes that you've achieved this year. Your Eco-Committee were elected democratically, which is a fair and mature approach – well done to selected members on their appointment! It's brilliant that young people were given the responsibility for recording meeting minutes. This will allow them to take ownership over the Eco-Schools programme and develop their listening, communication and teamwork skills. The pupil quote provided is brilliant. They're clearly a passionate and impressive young person and we're delighted that they have been given an opportunity to make a difference through the Eco-Schools programme, what a fantastic ambassador for your school and our programme. 'It's also been rewarding to help improve the school environment and I've found myself carrying out similar actions at home' was a great quote to read, well done Hope! It was lovely to read all the comments on your Environmental Review and gain a real insight into the debate and discussion that took place whilst completing it. It's clear your Eco-Committee are constantly considering what actions they can take to improve their local community and benefit our planet. Your Action Plan shows that your Eco-Committee have carefully considered how they can involve their entire school in their planned Eco-Schools' activities to achieve maximum impacts and raise awareness amongst their school community. We enjoyed reading about your plans for your focus areas on biodiversity, energy and waste. We love the variety of activities that you and your Eco-Committee have included in the Action Plan. This will no doubt support multi-disciplinary skills and shows how integrated environmentalism is in your school. You have provided practical and fun curriculum examples, which impressively build on the projects you have worked on in your Action Plan. This is a great way to add context to your Eco-Schools work, it means young people at your school are given the opportunity to learn about important environmental issues and then the chance to work on these issues – a great dual approach. You have used environmental issues to enrich learning and increase engagement with learning in your school and this is something to be very proud of. You have worked with a variety of different individuals and organisations including Sustrans and the RSPB relying on their expertise and passion to enrich and inform your Eco-Schools journey. No doubt this was a mutually beneficial experience for all, as these individuals and organisations must have also been inspired by your dedicated Eco-Committee. We hope all staff members involved in your Eco-Schools work take immense amounts of pride from the parental quote uploaded. Your hard work and dedication has inspired young people and empowered them with the belief that they can positively impact our planet – this is something incredibly special. Your greatest successes link clearly to the experience of your pupils. The work we've continued on with biodiversity and the school grounds has been a huge success, well done! This is what the best forms of climate action are about – impactful but achievable things that create a positive experience and prompt more action. We love this! Your Eco-Code is very punchy, clear and easy to digest for those that see it. It's a direct call to action. We love this! Thank you so much for submitting such a terrific application. We have loved reading about your journey and are incredibly impressed by all you have achieved. We have no hesitation in awarding you an Eco-Schools Green Flag, congratulations!



15th September 2023

Parking on School premises

Can we please request that parents do not enter the car park to collect students unless it is for a specific medical need or with authorised permission. As this causes congestion for those car users who have a specified need and this also creates a hazard for our students leaving the school.

Please do not park in the disabled bays unless you have a disabled badge clearly displayed.

Parking in the school vicinity

Can I please remind parents/carers regarding parking on private car parks or over driveways in the vicinity of the school. We do appreciate that during drop off and pick up times it is very congested, however we do need to be mindful that the local community need access to their private property at all times and your consideration of this is appreciated.

Time out of school

Should you need to take your child out of school during the day for an appointment, can you please ensure they have a note in their planner explaining the reason why and at what time they need to sign out or alternatively a note with the above information on. Alternatively you can email enquiries@stanleyhigh.co.uk with the details, so that this can be kept on record for the absence.

If your child is off sick, please be reminded you should contact school daily, to inform the attendance officer. This can be done by leaving a voicemail on the school extension number 1, or emailing enquiries@stanleyhigh.co.uk. Please be clear and concise with your message to ensure the correct information is picked up.

Uniform

Please ensure that all students uniform is clearly named. In the event that an item is lost or misplaced this helps with returning it to the correct student.

Coats and Uniform and equipment

Student's uniform has been brilliant so far and we would like all students to continue meeting these high uniform expectations. Full uniform is expected each day.

- All students should be in black leather or leather look shoes
- Blazers must be worn at all times unless given permission by a teacher in the classroom
- Skirts must be at a respectable length
- Ties must be tied long enough to show the school crest
- Coats can be worn and are advised as the weather gets colder; the wearing of a coat, over a blazer, is at the teachers discretion in their classroom

We are incredibly proud of how our students look and want this to continue to be the case. We are also very pleased with the response from families to face masks being compulsory. Thank you.

Should a child not have a piece of uniform please put a note in their planners. Please let us know if you are having difficulty with uniform.

Upcoming Dates and Events

Please make a note of the following dates in September, for information.



15th September 2023

Thursday 21st Year 7 Meet the Tutor Evening
Friday 29th Macmillan Coffee Morning


Maths Problem of the week – Mrs Knox

Each week we will show a problem of the week, and the following week we will show the answer. Please see below the problem that students were given this week.

Mrs. Knox's problem of the week:

Freya receives some pocket money. She spends

- $\frac{1}{5}$ of the money on a book
- $\frac{3}{4}$ of what she has left on a game.



Freya now has £3.80 left.
How much did Freya have to begin with?


Week beginning: 4th September

Solution

Mrs. Knox's problem of the week:

Freya receives some pocket money. She spends

- $\frac{1}{5}$ of the money on a book
- $\frac{3}{4}$ of what she has left on a game.



Freya now has £3.80 left.
How much did Freya have to begin with?

Visual representations – can you draw a picture to help you with this problem?

book game game game £3.80

money left

Show all of your working out (turn over if necessary):

£3.80 x 5 = £19

Answer: **£19**

Last week's solution

Week beginning: 4th September

PE

The PE dept were pleased with excellent turn out at extra-curricular at the start of term. Currently we have football, netball, badminton and dance on offer, and we encourage as many students as possible to take up these opportunities. If you are aware of what is taking place then please ask a member of the PE dept or check the website where you can find an uploaded an extra-curricular timetable.



Football news - as many of you may know we are extremely proud and like to highlight the outstanding achievements that some of our students achieve in their respective sports. This week we are going to highlight Douglas Lukjanciks in Year 11 who has just returned from Spain where he was representing England U17s in a tournament with Spain, Portugal and Morocco. Douglas also plays for Everton and is a remarkable young man whose dedication to all aspects of his school and his sporting career will know doubt mean that he will have a brilliant future ahead of him. We are very proud of your achievements Douglas and look forward to your next England game which will take place in October against Norway.



Next week tournaments

Monday - Year 9 football tournament and Girls Year 7 and 8 Netball.

Tuesday - Year 7 and 8 football and Girls Year 9 and 10 Netball.

Wednesday - Girl football (all years), Year 11 dance and Vocational PE intervention

Friday - Year 10 and 11 football, all years badminton and dance



15th September 2023

The PE dept would also like to say a huge thank you to all students who supported us on Opening Evening this week. Your support was incredible!

Online Safety – Mrs Fraser-Orr

Please visit the National Safety Online Facebook page at the link below to see their latest important information. You will also see any historical information that we have shared with you.

<https://www.facebook.com/NationalOnlineSafety>

Please see the latest online safety information below regarding online gaming.

Literacy ePlatform – Mrs Kelly

Our students have started to enjoy the benefits of our new library platform ePlatform.



Students can log in using their normal school login: [Stanley High School - Stanley High School \(eplatform.co\)](https://www.stanleyhighschool.co.uk/eplatform)

If you have any questions, please do not hesitate to get in touch.

Attendance

We have a target of 95% attendance and work hard every day to beat this. The whole school attendance for week ending 8th September 2023 was 95.2%.

Did you know that if your attendance is 90%, this is equivalent to 1 full day off school every two weeks and if your attendance is 95% this is equivalent to half a day off school every two weeks?

Congratulations to 7MRL, 7JT and 7LWR for achieving the highest attendance last week.

Since September, the Department for Education has issued guidance for all schools in "Working Together to Improve Attendance". This guidance forms the basis of our updated Attendance Policy - which you can find on our website at the following link.

<https://stanleyhigh.co.uk/wp-content/uploads/2022/11/Attendance-Policy-September-2022.pdf>

Online Information and Apps

If you have changed your email address or any other contact details, please let the office know by emailing. You can also follow us on Facebook <https://www.facebook.com/stanleyhighsouthport/> to keep up to date with events and activities in school.

School Term Dates

Please follow the link to see all available term dates. <https://stanleyhigh.co.uk/term-dates/>

The Sefton Directory

You will find useful information regarding Adults, Families and Special Educational Needs and Disabilities on The Sefton Directory pages. Please use the links below:

<https://www.seftondirectory.com/kb5/sefton/directory/home.page>

<https://www.seftondirectory.com/kb5/sefton/directory/localoffer.page?localofferchannel=0>

<https://www.seftondirectory.com/kb5/sefton/directory/localoffer.page?localofferchannel=3>



15th September 2023

Advice, help and support available

You may wish to get in touch with Sefton's Special Educational Needs and Disability Information, Advice and Support Service, SENDIASS (Tel. 0151 934 3334) or by email seftonsendiass@sefton.gov.uk

SENDIASS is a free, confidential and impartial service for parents and carers, children and young people (up to 25 years), who help parents and carers make informed decisions about their children's special educational needs and to support children and young people to have their voices heard and to talk over their options for next steps and future transitions. They can advise and support parents and young people up to and including mediation and tribunal.

<https://www.seftondirectory.com/kb5/sefton/directory/advice.page?id=x8sKvkxyZyo>

Sefton Emotional Health Partnership

Please follow the link below to see some important links and contact details for emotional and mental health support providers.

<https://mailchi.mp/a1413fe6bcb9/december-2022-newsletter-sefton-emotional-health-partnership>



15th September 2023

Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful; if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary; emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

Meet Our Expert

Donal Spombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written in guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.

National Online Safety
#WakeUpWednesday



15th September 2023

Online help and advice

If you have any worries or concerns regarding a child while school is closed please take a look at how you can report something that doesn't fit right with you [Worried about a child \(sefton.gov.uk\)](https://www.sefton.gov.uk/worried-about-a-child).

Kooth is an online mental well-being website. 0203 984 9337 www.kooth.com

Childline is a free, private and confidential service that you can access online and on the phone. They can provide help and support for people up to their 19th birthday. 0800 1111 www.childline.org.uk

Samaritans is where you can access confidential emotional support at any time by calling 116 123 or emailing jo@samaritans.org www.samaritans.org

Shout is a 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258. www.crisistextline.uk

Police If you or somebody else is in danger, or it feels like a situation might get dangerous and you need support right away, click here to find out how to contact the police. www.police.uk

NHS Choices Mental health services are free on the NHS.

To get urgent medical help, use the NHS 111 online service, or call 111 if you're unable to get help online. For life-threatening emergencies, call 999 for an ambulance. www.nhs.uk

Report abuse CEOP help children stay safe online. If anybody acts inappropriately towards you or another child or young person online (such as sexual chat or being asked to do something that makes you feel uncomfortable); you can report it here. www.ceop.police.uk/safety-centre

Bullybusters is an anti-bullying initiative for children and young people. 0800 169 6928 www.bullybusters.org.uk

Parenting 2000 provides therapy, clinical help and rehabilitation services. 01704 380047 www.parenting2000.org.uk

The Universal Services Guide

Sefton have created a guide detailing information for children aged 0-25 and their families who want to find out about support services available to them. This includes information about health professionals for all ages, leisure services, inclusive activities and lots more.

https://www.seftondirectory.com/kb5/sefton/directory/advice.page?id=GK_tnRp_Tc

If you are worried about a child, please contact the Police in an emergency or to make a referral to Children's Social Care please follow this link <https://tinyurl.com/yywyg3or>

For non-emergencies, call [111](tel:111) or the MASH Team on [0151 934 4013](tel:01519344013).

SEND Support

Please follow the link below to see what support is on offer to families in the community of children who may have additional needs or struggles. There are sessions on sleep management, sensory workshops, eating etc. so help is available in so many ways.

<https://www.addvancedsolutions.co.uk/news/newsletters>



15th September 2023

Online help and advice

Childhood Bereavement Network

A website of resources to support children and young people who have suffered bereavement.

www.childhoodbereavementnetwork.org.uk
www.childhoodbereavementnetwork.org.uk/training.aspx

Young Minds

Young Minds is a general mental health website, with a section on supporting children through grief and loss.

www.youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-grief-and-loss/

Winstons Wish

A website offering support for a child or young person around bereavement.

www.winstonswish.org

Hope Again

Resources for Children and Young People who suffered bereavement.

www.hopeagain.org.uk

Losing a child is the most traumatic experience anyone will face. There are specialist support services available for families that can be accessed directly by the family. Here is a list of resources available to help families in this difficult time.

Sands

A charity that supports families who have suffered a still born or miscarriage of a child.

www.sands.org.uk/

The Good Grief Trust

A website that offers general advice about bereavement including the loss of a child.

www.thegoodgrieftrust.org/

The Compassionate Friends

A website that offers support for families who have lost a child.

www.tcf.org.uk/

NHS Chathealth

If you are a parent of an 11–19-year-old, the NHS have launched a Chat Health text message service on 07312 263291. This service is confidential and anonymous.

E-safety

<https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://swgfl.org.uk/resources/online-safety-guidance-for-parents/>