



24<sup>th</sup> November 2023

Good afternoon Stanley Families

This week, we had the pleasure of welcoming back our former Year 11 students for their GCSE certificate celebration. It was wonderful to see our bright and talented students once again. It was a joy to catch up with them and hear about their achievements since leaving high school, as they embark on their next journey into college or work. We are immensely proud of each and every one of them and wish them continued success in their future endeavours.

I would also like to extend our gratitude to our guest speaker, Ian Raikes, who delivered an inspiring speech at the event. His words of wisdom and encouragement resonated with both the students and staff, and we are thankful for his valuable contribution to the evening.

As we celebrate the successes of our former students, it is important to remind our current students and their families of the importance of staying focused on their studies. Hard work and dedication are key to achieving their goals, and we encourage our students to continue striving for excellence as we approach the end of term. Following our successful Sparx Maths launch, all key stage 3 students will also be using Sparx Reader to support their literacy development. Students have taken a Sparx reader initial assessment in school. The test is designed to ensure that the books students read through the Sparx programme are of an appropriate level of challenge. Reading regularly is not only great for students' wellbeing, but also vital to ensuring successful academic outcomes. Key stage 3 students will be expected to read, using the Sparx programme for 30 minutes a week, as part of their English homework. This can be done in one sitting or for less than 5 minutes a day. We ask for your engagement and support with this.

In other news, I would like to remind everyone of our upcoming community event, the annual Christmas café on Friday 15<sup>th</sup> December, which promises to be a fabulous festive morning for all. We hope to see many of you there to join in the holiday spirit.

Finally, with the winter months fast approaching, I urge everyone to take extra precautions and ensure the safety of our students during their travels to and from school. With shorter daylight hours and poor weather conditions, it is essential that students remain vigilant and take necessary measures to stay safe.

Thank you for your continued support, and I look forward to seeing our students thrive in the last weeks before the Christmas.

**Mrs J Kelly**  
**Assistant Headteacher**





24<sup>th</sup> November 2023

## Well-being Calendar for November – Miss Peacock

**New Ways November 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 6 Try out a new way of being physically active	 7 Be creative. Cook, draw, write, paint, make or inspire	1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way	3 Get outside and observe the changes in nature around you	4 Sign up to join a new course, activity or online community	5 Change your normal routine today and notice how you feel
13 Do something playful outdoors – walk, run, explore, relax	14 Find a new way to help or support a cause you care about	8 Plan a new activity or idea you want to try out this week	9 When you feel you can't do something, add the word "yet"	10 Be curious. Learn about a new topic or an inspiring idea	11 Choose a different route and see what you notice on the way	12 Find out something new about someone you care about
20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them	15 Build on new ideas by thinking "Yes, and what if..."	16 Look at life through someone else's eyes and see their perspective	17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective: read a different paper, magazine or site
27 Join a friend doing their hobby and find out why they love it	28 Discover your artistic side. Design a friendly greeting card	22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love	24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Try out a different radio station or new TV show
 27 Join a friend doing their hobby and find out why they love it	 28 Discover your artistic side. Design a friendly greeting card	 29 Enjoy new music today. Play, sing, dance or listen	 30 Look for new reasons to be hopeful, even in tough times			

**ACTION FOR HAPPINESS** | **Happier · Kinder · Together**

### School Term Dates

Please follow the link to see all available term dates. <https://stanleyhigh.co.uk/term-dates/>

### Parent/Carer Consultation Evening dates

Please make a note of the following dates for your children's year. School will **close at 2pm** on these dates to allow parents/carers to attend from 3pm to 6.30pm.

Year 7 Thursday 30<sup>th</sup> November 2023

Year 9 Thursday 1<sup>st</sup> February 2024

Year 11 Thursday 14<sup>th</sup> March 2024

Year 10 Thursday 2<sup>nd</sup> May 2024

### Upcoming Dates and Events

Please make a note of the following dates, for your information.

#### November

Thursday 30<sup>th</sup> Year 7 Parent/Carer Evening 3pm (2pm finish)

#### December

Wednesday 6<sup>th</sup> SEND Together Trust Coffee Morning 10am-12noon

Friday 8<sup>th</sup> INSET Day

W/c 11<sup>th</sup> Celebration Assemblies

Friday 15<sup>th</sup> Christmas Café 10am – 12.30pm

Friday 15<sup>th</sup> Christmas Jumper Day

Monday 18<sup>th</sup> Christmas Showcase 1.15pm

Wednesday 20<sup>th</sup> End of Term 12noon



24<sup>th</sup> November 2023

## Attendance

We have a target of 95% attendance and work hard every day to beat this. The whole school attendance for week ending 17<sup>th</sup> November 2023 was 90.6%.

Did you know that if your attendance is 90%, this is equivalent to 1 full day off school every two weeks and if your attendance is 95% this is equivalent to half a day off school every two weeks?

Congratulations to 7EWA, 8HV and 7MRL, 7RP for achieving the highest attendance last week.

Since September, the Department for Education has issued guidance for all schools in "Working Together to Improve Attendance". This guidance forms the basis of our updated Attendance Policy - which you can find on our website at the following link.

<https://stanleyhigh.co.uk/wp-content/uploads/2022/11/Attendance-Policy-September-2022.pdf>

## Art – Mrs Ward

Textiles Mania – Year 8 students have been working really hard this week to complete their sugar skulls for their 'Day of the Dead' project. Students have learnt how to sew a button onto fabric, various different embroidery stitches including French Knots, Daisy stitch to name a couple. Students began their work by drawing sugar skulls and then; learning how to turn these into templates. Well done Year 8 the results are amazing.

## Drama – Mrs Gregson-Burt

Last Tuesday evening, the Year 11 GCSE Drama group performed their devised examination pieces for an audience of family, friends and students.

The performances were comedies based on the Royal Family, Queen (the band) and the Cold War, they were hilarious and poignant in equal measure.






24<sup>th</sup> November 2023

## Maths – Mrs Knox

Last week's solution

**Mrs. Knox's problem of the week:**

A cake costs twice as much as a drink.



The total cost of a cake and a drink is £6

How much does a cake cost?

**Visual representations** – can you draw a picture to help you with this problem?

drink £2 } £6  
cake £2 £2

Show all of your working out (turn over if necessary):

$£6 \div 3 = £2$   
Cake:  $2 \times £2 = £4$

Answer: **£4**

**Last week's solution**

Problem of the week this week

**Mrs. Knox's problem of the week:**

535 people are asked what their favourite fruit is.

50 more people like apples than oranges.

Half as many people like pears as apples.

How many people said their favourite fruit is oranges?

(Hint: try to draw a bar model to help with this problem!)

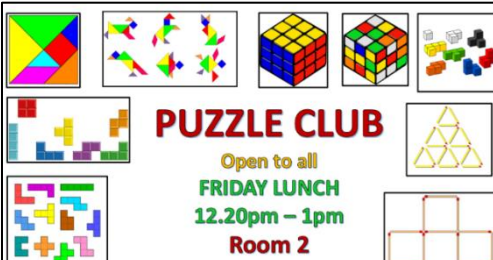
## Homework Club

Our school homework club is open to all years and is held in the library every day after school from 3pm - 4pm. Students will have access to laptops should they wish to use them and there will be support from learning support staff during this time. We welcome all students to attend whether it be to complete homework, to revise for assessments, or take the opportunity to access our library for the simple pleasure of reading.

We understand homework can be tricky for some students to navigate so please know that we are here to support where needed.

## Extra-Curricular Clubs

**Maths**




**PUZZLE CLUB**

Open to all  
FRIDAY LUNCH  
12.20pm – 1pm  
Room 2

## Chess Club

**Chess Club**  
Monday Lunchtimes  
Room 31



**Fancy improving your logic?**

- It can raise your IQ. Chess has always had an image problem, being seen as a game for dinosaurs and people with already high IQs.
- It helps prevent Alzheimer's.
- It increases both sides of the brain.
- It increases your smarts.
- It improves your memory.



## Drama



Are you in Year 7 - 9 and have a flair for the dramatic?  
Do you want to build your confidence and make new friends?  
Do you have an eye for direction and want to devise your own performances?

If you have answered 'yes' to any of these questions, then 'Rising Stars' is the Drama club for you!  
Sign up today! (Places are limited)  
**WEDNESDAY FROM 12.30 - 1PM IN RM 14**



24<sup>th</sup> November 2023

## Technology



Thursday lunchtime in Technology is for those with bespoke hobbies. Tech Deck club was started by a group of Year 7s who created their own club under the guidance of Miss Green.



Warhammer club are well on with their way with their painting and should be ready for battle in a few weeks.

### Online Safety – Mrs Fraser-Orr

Please visit the National Safety Online Facebook page at the link below to see their latest important information. You will also see any historical information that we have shared with you.

<https://www.facebook.com/NationalOnlineSafety>



## NSPCC

How much does your child know about staying safe online?

Test their knowledge and start a discussion with our online safety quiz! 🙌

<https://bit.ly/3ZUdW28>



### Literacy ePlatform – Mrs Kelly

Our students have started to enjoy the benefits of our new library platform ePlatform.



Students can log in using their normal school login: [Stanley High School - Stanley High School \(eplatform.co\)](https://www.eplatform.co)  
If you have any questions, please do not hesitate to get in touch.

### Online Information and Apps

If you have changed your email address or any other contact details, please let the office know by emailing. You can also follow us on Facebook <https://www.facebook.com/stanleyhighsouthport/> to keep up to date with events and activities in school.

Please see some important online safety information relating to Smart TV's further down this bulletin.

### The Sefton Directory

You will find useful information regarding Adults, Families and Special Educational Needs and Disabilities on The Sefton Directory pages. Please use the links below:

<https://www.seftondirectory.com/kb5/sefton/directory/home.page>

<https://www.seftondirectory.com/kb5/sefton/directory/localoffer.page?localofferchannel=0>

<https://www.seftondirectory.com/kb5/sefton/directory/localoffer.page?localofferchannel=3>

### Advice, help and support available

You may wish to get in touch with Sefton's Special Educational Needs and Disability Information, Advice and Support Service, SENDIASS (Tel. 0151 934 3334) or by email [seftonsendiass@sefton.gov.uk](mailto:seftonsendiass@sefton.gov.uk)

SENDIASS is a free, confidential, and impartial service for parents and carers, children, and young people (up to 25 years), who help parents and carers make informed decisions about their children's special educational needs and to support children and young people to have their voices heard and to talk over their options for next steps and future transitions. They can advise and support parents and young people up to and including mediation and tribunal.

<https://www.seftondirectory.com/kb5/sefton/directory/advice.page?id=x8sKvkxyZyo>

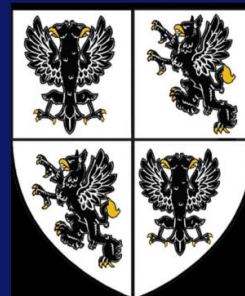
### Sefton Emotional Health Partnership

Please follow the link below to see some important links and contact details for emotional and mental health support providers.

<https://mailchi.mp/a1413fe6bcb9/december-2022-newsletter-sefton-emotional-health-partnership>



# Together Trust Coffee Morning



Theme:  
Coping with  
Christmas

**DATE: WEDNESDAY  
6TH DECEMBER 2023  
10AM - 12 NOON**

- Come and enjoy coffee and refreshments
- Chance to meet others
- Opportunities to ask questions to professionals
- Professional in social communication and ASD presenting

## Autism Friendly Christmas Tips

Christmas is different to other times of the year – it can be loud, intense, bright, unpredictable & busy.

### LIGHTS

Get lights that have controls to adjust the brightness and the flashing function

### TAKE A BREAK

Christmas day can be intense...ensure there are opportunities for breaks, quiet space & keep headphones handy

### PRESENTS

Not everyone likes presents, not everyone likes opening presents in front of others, not everyone likes the surprise of a wrapped gift

### VISITS

Unannounced visits are unpredictable... let the person know that someone is calling

### UNPREDICTABILITY

Prepare a person for what's happening around the Christmas period, e.g. social stories, timetables, who will be visiting/what time is dinner

### EATING

A person's idea of Christmas dinner may not be the same as the traditional meal...pizza or pasta is cool to eat too!

### HAVING FUN

Create games that includes everyone...change the rules if you need to so that everyone can play



We look forward to seeing you there.  
Open to families, extended families and those who support our students.



# Stanley High School Newsletter

24<sup>th</sup> November 2023







## Set Up Safe Checklist



Set your child up for online safety with these simple tasks

### Manage broadband & mobile networks



At home, access your broadband network and set applicable controls.



On the go, set up controls on the relevant mobile network.

See step-by-step guides to help

### Prepare their device



Explore the device controls and settings to set limits on inappropriate content, screen time, spending and more.



Download and install the apps and games you're okay with your child using.



Set up controls in these apps and games to help keep your child safe while they play, browse or chat.



Install or set up additional parental control apps for further protection.

Explore step-by-step guides for social media and video gaming

### Talk & learn regularly

Together, learn about online safety issues that might impact your child.

Together, explore privacy and safety settings on their favourite platforms.

Ask them to teach you about their favourite online platforms to create an open environment for conversation.

Keep these conversations going for continuous support.



Visit [internetmatters.org](https://internetmatters.org) for more advice

[InternetMatters](https://www.facebook.com/InternetMatters)  
 [@im\\_org](https://twitter.com/im_org)

[@InternetMatters](https://www.youtube.com/InternetMatters)  
 [Internet Matters Ltd](https://www.linkedin.com/company/Internet-Matters-Ltd)

[@internetmattersorg](https://www.instagram.com/internetmattersorg)  
 [@InternetMatters\\_org](https://www.pinterest.com/InternetMatters_org)



24<sup>th</sup> November 2023

## Online help and advice

If you have any worries or concerns regarding a child while school is closed please take a look at how you can report something that doesn't fit right with you [Worried about a child \(sefton.gov.uk\)](https://www.sefton.gov.uk/worried-about-a-child).

**Kooth** is an online mental well-being website. 0203 984 9337 [www.kooth.com](https://www.kooth.com)

**Childline** is a free, private, and confidential service that you can access online and on the phone. They can provide help and support for people up to their 19th birthday. 0800 1111 [www.childline.org.uk](https://www.childline.org.uk)

**Samaritans** is where you can access confidential emotional support at any time by calling 116 123 or emailing [jo@samaritans.org](mailto:jo@samaritans.org) [www.samaritans.org](https://www.samaritans.org)

**Shout** is a 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258. [www.crisistextline.uk](https://www.crisistextline.uk)

**Police** If you or somebody else is in danger, or it feels like a situation might get dangerous and you need support right away, click here to find out how to contact the police. [www.police.uk](https://www.police.uk)

**NHS Choices** Mental health services are free on the NHS.

To get urgent medical help, use the NHS 111 online service, or call 111 if you're unable to get help online. For life-threatening emergencies, call 999 for an ambulance. [www.nhs.uk](https://www.nhs.uk)

**Report abuse** CEOP help children stay safe online. If anybody acts inappropriately towards you or another child or young person online (such as sexual chat or being asked to do something that makes you feel uncomfortable); you can report it here. [www.ceop.police.uk/safety-centre](https://www.ceop.police.uk/safety-centre)

**Bullybusters** is an anti-bullying initiative for children and young people. 0800 169 6928 [www.bullybusters.org.uk](https://www.bullybusters.org.uk)

**Parenting 2000** provides therapy, clinical help, and rehabilitation services. 01704 380047 [www.parenting2000.org.uk](https://www.parenting2000.org.uk)

### The Universal Services Guide

Sefton have created a guide detailing information for children aged 0-25 and their families who want to find out about support services available to them. This includes information about health professionals for all ages, leisure services, inclusive activities, and lots more.

[https://www.seftondirectory.com/kb5/sefton/directory/advice.page?id=GK\\_tnRp\\_Tc](https://www.seftondirectory.com/kb5/sefton/directory/advice.page?id=GK_tnRp_Tc)

If you are worried about a child, please contact the Police in an emergency or to make a referral to Children's Social Care please follow this link <https://tinyurl.com/yywyg3or>

For non-emergencies, call [111](tel:111) or the MASH Team on [0151 934 4013](tel:01519344013).

### SEND Support

Please follow the link below to see what support is on offer to families in the community of children who may have additional needs or struggles. There are sessions on sleep management, sensory workshops, eating etc. so help is available in so many ways.

<https://www.addvancedsolutions.co.uk/news/newsletters>



24<sup>th</sup> November 2023

## Online help and advice

### Childhood Bereavement Network

A website of resources to support children and young people who have suffered bereavement.

[www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)  
[www.childhoodbereavementnetwork.org.uk/training.aspx](http://www.childhoodbereavementnetwork.org.uk/training.aspx)

### Young Minds

Young Minds is a general mental health website, with a section on supporting children through grief and loss.

[www.youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-grief-and-loss/](http://www.youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-grief-and-loss/)

### Winstons Wish

A website offering support for a child or young person around bereavement.

[www.winstonswish.org](http://www.winstonswish.org)

### Hope Again

Resources for Children and Young People who suffered bereavement.

[www.hopeagain.org.uk](http://www.hopeagain.org.uk)

Losing a child is the most traumatic experience anyone will face. There are specialist support services available for families that can be accessed directly by the family. Here is a list of resources available to help families in this difficult time.

### Sands

A charity that supports families who have suffered a still born or miscarriage of a child.

[www.sands.org.uk/](http://www.sands.org.uk/)

### The Good Grief Trust

A website that offers general advice about bereavement including the loss of a child.

[www.thegoodgrieftrust.org/](http://www.thegoodgrieftrust.org/)

### The Compassionate Friends

A website that offers support for families who have lost a child.

[www.tcf.org.uk/](http://www.tcf.org.uk/)

### NHS Chathealth

If you are a parent of an 11–19-year-old, the NHS have launched a Chat Health text message service on 07312 263291. This service is confidential and anonymous.

### E-safety

<https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://swgfl.org.uk/resources/online-safety-guidance-for-parents/>