



20th October 2023

Good afternoon Stanley Families

Students may have missed seeing Mrs Shawe around the school over the last couple of weeks. Unfortunately, she has had a period of illness but is on the mend and looking forward to getting back to her Stanley family as soon as possible! All emails sent to Mrs Shawe are still being monitored and responded to. I am sure you will join us in sending her well wishes for a speedy recovery.

One of the highlights of my day is visiting lessons and speaking to students about their learning. I am so proud of the engagement, resilience and motivation shown by our students so far this year. Often, without realising, they are developing an impressive range of soft skills, alongside their curriculum studies. In one day, I watched Year 7 students' complete activities that strengthened their communication, teamwork, creativity, problem-solving, organisation and empathy skills. They have certainly earned a well-deserved break! Please remember that curriculum maps are available on our school website should you wish to discuss topics at home.

Thank you to the Year 11 families who supported their children by attending the GCSE Preparation Evening on Thursday 19th. One of core Stanley family values is to remain 'future focused.' If you need any further advice, guidance, or support in helping your child prepare for their examinations, please do not hesitate to let us know.

We look forward to welcoming families and extended families to the first upcoming Together Trust coffee morning. These are aimed at supporting students with additional needs and general anxieties. We have a professional who presents and refreshments are provided. Families tell us that this is an excellent support network providing an opportunity to meet other families and talk to the professionals. Please see the flyer below for further details.

Please keep an eye out for an email from Miss Davenport, inviting you to a SEND review meeting for all students on the SEND register. If your child is not on the SEND register but you feel that you would like an opportunity to discuss your child's needs, please contact sendco@stanleyhigh.co.uk with your request. To further support all students, we have Learning Support Assistants available in the library to support with their learning, homework, and revision each day from 3-4pm. This is where students can access laptops within a quiet and supportive learning environment.

Please make sure that you have seen the email from school regarding a WhatsApp group targeting young people in the local area. As always, we strongly recommend that you monitor your child's social media use regularly. Please also see below some useful information on Online Safety.

Finally, our new behaviour for learning policy has had an incredibly positive impact. As always, we thank you for your continued support as we review and improve the learning experience of our students. It has been particularly pleasing to receive communication from families acknowledging our consistent high standards and expectations for all students. Since September over 450 students have been recognised for their hard work and effort in our Recognition Friday celebrations.

On behalf of all staff at Stanley, we hope our students have a happy and safe half-term break.

I hope you all have a lovely weekend.

Mrs J Kelly
Assistant Headteacher



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Student success – Mr Sconce/Mr Venables

A huge well done to Harrison Dale in Year 8 who has been selected for the Swim England North West Regional Development Programme 2023/24. This is the second year in a row that he has been selected for this programme which includes the top 18 boys and girls in his age group in the North West. The first development camp took place last week in Wigan, which Harrison absolutely loved. There are further camps planned throughout 2024.



Year 11 Revision – October Half Term

The following subject areas will be holding revision sessions during half term. You will have received an email with the full timetable today.

PE Tuesday and Wednesday
Creative Media and Food Tuesday

Well-being Calendar for October – Miss Peacock

Optimistic October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Write down three things you can look forward to this month	2 Find something to be optimistic about (even if it's a difficult time)	3 Take a small step towards a goal that really matters to you	4 Start your day with the most important thing on your to-do list	5 Be a realistic optimist. See life as it is, but focus on what's good	6 Remind yourself that things can change for the better	7 Look for the good in people around you today
8 Make some progress on a project or task you have been avoiding	9 Share an important goal with someone you trust	10 Take time to reflect on what you have accomplished recently	11 Avoid blaming yourself or others. Find a helpful way forward	12 Look out for positive news and reasons to be cheerful today	13 Ask for help to overcome an obstacle you are facing	14 Do something constructive to improve a difficult situation
15 Thank yourself for achieving the things you often take for granted	16 Put down your to-do list and do something fun or uplifting	17 Take a small step towards a positive change you want to see in society	18 Set hopeful but realistic goals for the days ahead	19 Identify one of your positive qualities that will be helpful in the future	20 Find joy in tackling a task you've put off for some time	21 Let go of the expectations of others and focus on what matters to you
22 Share a hopeful quote, picture or video with a friend or colleague	23 Recognise that you have a choice about what to prioritise	24 Write down three specific things that have gone well recently	25 You can't do everything! What are your three priorities right now?	26 Find a new perspective on a problem you face	27 Be kind to yourself today. Remember, progress takes time	28 Ask yourself, will this still matter a year from now?
29 Plan a fun or exciting activity to look forward to	30 Identify three things that give you hope for the future	31 Set a goal that brings a sense of purpose for the coming month				

ACTION FOR HAPPINESS | **Happier · Kinder · Together**

Students have been going around school selling Mental Health Awareness pin badges. This has been so successful that we have ordered a second batch – so if your child has missed out they will be able to get one after half term. Please see Miss Peacock.





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Art – Mrs Ward

Myenah Rays in year 7 has produced this beautiful Landscape. The blues on the sea and sky are magnificent. The moon and stars add real depth to the painting. Well done Myenah.



Art Christmas card image competition

We are inviting students to create an A5 painting or drawing based on the theme 'Wintry Wonderland'. The winning image will be used as the Stanley High School Christmas card.

All entries to be taken to Room 43 for the attention of Mrs Ward before Thursday 26th October 2023. Good luck.



This week we have had more entries for the Christmas card image competition. Look at the gorgeous texture on those pine trees.



Good luck to everyone.

English

Bookbuzz has enabled all our Year 7 & 8 students to have the exciting opportunity to choose a book out of sixteen different titles - to keep, for free!

They are all carefully selected by a panel of experts to ensure quality, suitability and to inspire the love of reading. Additionally, we hope this will encourage the students to read more frequently, which will help improve their wellbeing, spark interesting conversations and inspire creativity.



Maths – Mrs Knox

This terms highest Sparx XP points prize winners. Congratulations and keep up the good work.

Year 7:	Year 8:	Year 9:	Year 10:	Year 11:
Myenah Ravi Kumar	Harrison Dale	Kyle Handlon	Jasmine De'ath	Mia Chadwick
Myles Jackson	David Danilet	Abigail Lomibao	Max Walton	Alex Langley
Charlotte Buck	Keira Halsall	Oliwia Kowalska	Will Abram-	Connor White
Milana Servute	Philip Lomibao	Elin Price	Cartwright	Harry Butler
Eloise Wrightside	Shaylor Grinter	Michael Rooney	Callum Evans	Molly Price
Trevor Chigwanda	Connor Fairweather	Will Perry	Nikolas Kuznik	Aidan Threlfall
Kayden Cook	Maddison Glover	Noah Mcdonald	Florence Sullivan	Shelby Dutton Yu
Tom Booth	Grace Howitt	Louisa Keiruj	Robert Poulter	Millie Payne
Lucy Hannon	Jack Johnson	Amelia Brighton-	Ben Williams	Megan Oliver
Izzy Mcnulty	Georgia Miles	Thomson	Lucas Hart	Francesca Iddon
		Emily Jordan	Amy Rimmer	
			Paige Lea	




Mathematics Problem of the week

Each week there will be a problem of the week, and the following week we will give the answer.


Please see the problem that students were given this week.

Mrs Knox's problem of the week:

If this is $\frac{1}{3}$ of a shape.



What fraction of the shape is this?



Explain your reasoning.


Visual representations – can you draw a picture to help you with this problem?

Show all of your working out (turn over if necessary):


Answer:

Mrs. Knox's problem of the week:

If this is $\frac{1}{3}$ of a shape.

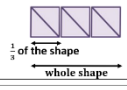


What fraction of the shape is this?




Explain your reasoning.

Visual representations – can you draw a picture to help you with this problem?



Show all of your working out (turn over if necessary):




Answer: $\frac{1}{2}$ of the shape

last week's problem and solution

This week's problem:

Mrs Knox's problem of the week:



Tia has £4.78 Millie has £33.82

Millie gives Tia some money.
Millie now has 3 times as much money as Tia.

How much money did Millie give Tia?


Visual representations – can you draw a picture to help you with this problem?

Show all of your working out (turn over if necessary):

Answer:

Week beginning: 9th October

Mrs. Knox's problem of the week:



Tia has £4.78 Millie has £33.82

Millie gives Tia some money.
Millie now has 3 times as much money as Tia.

How much money did Millie give Tia?

Visual representations – can you draw a picture to help you with this problem?

Millie	£9.65	£9.65	£9.65	£28.95
Tia	£9.65			£9.65
				£38.60

Show all of your working out (turn over if necessary):

Total amount of money shared:
£33.82 + £4.78 = £38.60
£38.60 ÷ 4 = £9.65

Tia had £4.78 at the beginning. She now has £9.65. This means Millie gave Tia £4.87.

Answer: **£4.87**

and solution

Sports update

This half term our students have taken part in a range of extra-curricular activities such as football, netball, badminton, rugby and dance. The numbers for extra-curricular have been brilliant and our students have already had much success with the competitive fixtures we have played against some of our local schools.

Boys football

During the first half term Stanley always host a Year 7, 8, 9, 10 and 11 football competition which consists of Birkdale, Christ the King, Meols Cop, Formby and Range High Schools. Our teams had great success reaching the final in two competitions, where we had to wait until the last competition for Year 11s to win an enthralling game against Range



on penalties. The commitment of all our teams was exceptional and it bodes well for our Sefton Cup matches after half term and our floodlit cup friendly matches that we host on the 3G against the local schools. Football will continue after the half term, but with the dark nights looming there will also be basketball, rugby and badminton.





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Girls Football

Our Year 7, 8 and 9 girls, no doubt inspired by the exploits of the lionesses, have had their first fixture of the half term against Christ the King. In a clean sweep of victories for Year 7, 8 and 9 a special mention must go to our Year 9 girls for their amazing 12-1 victory. They will have tournaments throughout the year and this impressive start means that we go into these competitions full of confidence.

Netball

We have had a tremendous turn out at our extra-curricular sessions for our netball, particularly in Year 7. A big thank you to our older students who have helped our extra-curricular activities by umpiring, coaching and ultimately being fantastic role models for our younger students. Our girls had their first fixture this half term against Christ the King with Year 7 and 8s. Both of our teams had comprehensive victories, but special mention must go to our Year 7s who have made an exceptional start to netball by winning 18-2. We have upcoming fixtures after half term against Range and Meols Cop High and several tournaments throughout the year. Well done to all the girls and we look forward to seeing if we can build on this impressive start!

Dance

Students have been very busy on Fridays after school during their dance practice. We have been preparing for our dance show which will be early next year (further details to follow soon). Students have been working on group, partner and individual dance routines and it has been delightful to see our older dance students helping the Year 7's with their choreography. It has also been very interesting to have Christmas songs playing in the gym already, in preparation for our Winter Showcase (I am sure we will all be sick of hearing Christmas songs by the time Christmas actually arrives)!! Well done to all the students for all their hard work and dedication.

Rugby Union

In what is an emerging sport for Stanley High, we have seen great interest for our Year 9 & 10 Rugby teams. In both years we have students who play for clubs outside of school and this has helped generate the interest for us to enter in some emerging schools' competitions. Our Year 9 team were the first to compete in such a tournament and we are pleased to say that they won 3 out of the four matches, losing by one try in the final game. During each half term, we have entered a Year 7, 8, 9 and 10 in competitions to be held at Ormskirk, Waterloo Rugby Club and Chesterfield High School. If you interested in becoming involved in, Rugby as most PE classes will have covered this by the Christmas break, then please let a member of the PE staff know.



Cross country

After half term will see Stanley compete in the first of three races in the Sefton league for cross country. We enter both a boys and girls team in Year 7, 8 and 9 were have traditionally had individual and team success in both. The first of the three races will be at Birkdale common on the 15th of November, followed by Merchant Taylors on 16th January, with the last race hosted by Stanley on 13th March. The PE department welcome students of all abilities to participate in this event and we look forward to how we get on in our first race after half term.

Sports Leadership

During the first half term we have had eight schools visit us for Year 6 curriculum days and they have taken part in numerous subjects such as PE, Science, English, Drama, Technology and Languages. A big thank you must go to all the leaders and curriculum champions in these subjects who have assisted the subject teachers



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and Mrs Hulse in delivering some fantastic days for our feeder primary schools. Our sports leaders have also helped run and deliver a Year 5 & 6 boys primary school competition which involved 16 primaries on each evening. The feedback from schools to Mrs Hulse was, as always, that our students were fantastic ambassadors for Stanley High and superb role models to the younger students participating.

GB success



On behalf of Stanley High School, we would like to this opportunity to congratulate Lucy in Year 11, who has been chosen to represent Great Britain Gymnastics and the 2023 European Championships in Turkey. Lucy has represented

GB on multiple occasions and the European Championships represent a fantastic opportunity for her to showcase her talent and compete against the best in the world. We of course wish Lucy well and are so proud of what she has achieved so far and wish her the best of luck and future success.



England Football

During October our England goalkeeper, Douglas in Year 11, played for England U17's against Norway U17'S at St Georges Park. Douglas has in the past represented England in tournaments abroad, and it was nice for Douglas to be able to play at the home of the England Football Team, and we are pleased to say that it was another victory for England and Douglas, who was once again inspirational in goal.



England have further tournaments lined up after half term with fixtures in Croatia. We have no doubt that if Douglas continues with his exceptional performances and work ethic for both Everton and England, then he will be selected again.

A final special thank you to Douglas for coaching his peers and managing the Year 11 team in the most recent football tournament at Stanley. In his managerial debut, Douglas managed to win every game so has a record to rival Gareth Southgate! As always, we are super proud of all of Douglas' achievements, especially how he manages to combine such a high commitment to school life with all his sporting achievements.

Parent/Carer Consultation Evening dates

Please make a note of the following dates for your children's year. School will close at 2pm on these dates to allow parents/carers to attend from 3pm to 6.30pm.

Year 8 Thursday 16th November 2023

Year 7 Thursday 7th December 2023

Year 9 Thursday 1st February 2024

Year 11 Thursday 14th March 2024

Year 10 Thursday 2nd May 2024



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Upcoming Dates and Events

Please make a note of the following dates, for your information.

October

23rd – 27th

Half Term

31st

Year 7 and 11 Photographs (including sibling photographs)

November

15th & 16th

STEM day

Attendance

We have a target of 95% attendance and work hard every day to beat this. The whole school attendance for week ending 13th October 2023 was 91.3%.

Did you know that if your attendance is 90%, this is equivalent to 1 full day off school every two weeks and if your attendance is 95% this is equivalent to half a day off school every two weeks?

Congratulations to 7MRL, 7EWA and 8KVE for achieving the highest attendance last week.

Since September, the Department for Education has issued guidance for all schools in "Working Together to Improve Attendance". This guidance forms the basis of our updated Attendance Policy - which you can find on our website at the following link.

<https://stanleyhigh.co.uk/wp-content/uploads/2022/11/Attendance-Policy-September-2022.pdf>

Homework Club

Our school homework club is open to all years and is held in the library every day after school from 3pm - 4pm. Students will have access to laptops should they wish to use them and there will be support from learning support staff during this time. We welcome all students to attend whether it be to complete homework, to revise for assessments, or take the opportunity to access our library for the simple pleasure of reading.

We understand homework can be tricky for some students to navigate so please know that we are here to support where needed.

Extra-Curricular Clubs

PUZZLE CLUB
Open to all
FRIDAY LUNCH
12.20pm – 1pm
Room 2

Maths

Chess Club

Chess Club
Monday Lunchtimes
Room 31

Fancy improving your logic?

- It can raise your IQ. Chess has always had an image problem, being seen as a game for loners and people with already high IQs.
- It helps general education.
- It exercises both sides of the brain.
- It increases your creativity.
- It improves your memory.



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Drama



Are you in Year 7 - 9 and have a flair for the dramatic?
Do you want to build your confidence and make new friends?
Do you have an eye for direction and want to devise your own performances?

If you have answered 'yes' to any of these questions, then 'Rising Stars' is the Drama club for you!
Sign up today! (Places are limited)

WEDNESDAY FROM 12.30 - 1PM IN RM 14

Technology

GCSE Food and Nutrition Aim Higher Session with Mrs Lyon

Tuesday Week B 3pm

Mr Sconce's KS3 Cooking Club

Tuesday Week A Sept- Oct half term

22 places

Christmas Cake Club

Year 9 and 10

AFTER OCTOBER HALF TERM

22 PLACES AVAILABLE

3.15-4.30PM

SEE MR SCONGE

Tech Tuesday 

3-4pm

TUESDAY WEEK A

STARTING W/C 4TH OCT

Miss Green R46

Mrs Lyon R44

Coursework Catch-up

Tech Tuesday 

3-4pm

TUESDAY WEEK B

STARTING 27TH SEPT

MISS GREEN R46

SIGN UP FROM 14TH SEPTEMBER

22 PLACES

War Hammer Club

Thursday Lunch

KS3 Welcome

R45

Mrs Lyon

Online Safety – Mrs Fraser-Orr

Please visit the National Safety Online Facebook page at the link below to see their latest important information. You will also see any historical information that we have shared with you.

<https://www.facebook.com/NationalOnlineSafety>



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NSPCC

How much does your child know about staying safe online?

Test their knowledge and start a discussion with our online safety quiz! 👍

<https://bit.ly/3ZUdW28>



Literacy ePlatform – Mrs Kelly

Our students have started to enjoy the benefits of our new library platform ePlatform.



Students can log in using their normal school login: [Stanley High School - Stanley High School \(eplatform.co\)](https://stanleyhigh.co.uk/term-dates/)

If you have any questions, please do not hesitate to get in touch.

Online Information and Apps

If you have changed your email address or any other contact details, please let the office know by emailing. You can also follow us on Facebook <https://www.facebook.com/stanleyhighsouthport/> to keep up to date with events and activities in school.

School Term Dates

Please follow the link to see all available term dates. <https://stanleyhigh.co.uk/term-dates/>

The Sefton Directory

You will find useful information regarding Adults, Families and Special Educational Needs and Disabilities on The Sefton Directory pages. Please use the links below:

<https://www.seftondirectory.com/kb5/sefton/directory/home.page>

<https://www.seftondirectory.com/kb5/sefton/directory/localoffer.page?localofferchannel=0>

<https://www.seftondirectory.com/kb5/sefton/directory/localoffer.page?localofferchannel=3>

Advice, help and support available

You may wish to get in touch with Sefton's Special Educational Needs and Disability Information, Advice and Support Service, SENDIASS (Tel. 0151 934 3334) or by email seftonsendiass@sefton.gov.uk

SENDIASS is a free, confidential, and impartial service for parents and carers, children, and young people (up to 25 years), who help parents and carers make informed decisions about their children's special educational needs and to support children and young people to have their voices heard and to talk over their options for next steps and future transitions. They can advise and support parents and young people up to and including mediation and tribunal.

<https://www.seftondirectory.com/kb5/sefton/directory/advice.page?id=x8sKvkxyZyo>



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Sefton Emotional Health Partnership

Please follow the link below to see some important links and contact details for emotional and mental health support providers.

<https://mailchi.mp/a1413fe6bcb9/december-2022-newsletter-sefton-emotional-health-partnership>

Set Up Safe Checklist

internetmatters.org

Set your child up for online safety with these simple tasks

Manage broadband & mobile networks

At home, access your broadband network and set applicable controls.

On the go, set up controls on the relevant mobile network.

See step-by-step guides to help

Prepare their device

Explore the **device controls and settings** to set limits on inappropriate content, screen time, spending and more.

Download and install the apps and games you're okay with your child using.

Set up controls in these apps and games to help keep your child safe while they play, browse or chat.

Install or set up additional **parental control apps** for further protection.

Talk & learn regularly

Together, learn about online safety issues that might impact your child.

Together, explore privacy and safety settings on their favourite platforms.

Ask them to teach you about their favourite online platforms to create an open environment for conversation.

Keep these conversations going for continuous support.

Explore step-by-step guides for social media and video gaming

Visit internetmatters.org for more advice

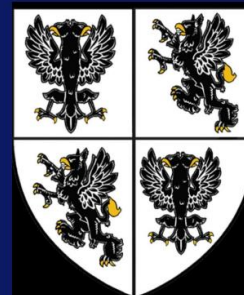
Facebook: [InternetMatters](https://www.facebook.com/InternetMatters)
Twitter: [@im_org](https://twitter.com/im_org)

YouTube: [@InternetMatters](https://www.youtube.com/@InternetMatters)
LinkedIn: [Internet Matters Ltd.](https://www.linkedin.com/company/Internet-Matters-Ltd)

Instagram: [@internetmattersorg](https://www.instagram.com/internetmattersorg)
Pinterest: [@InternetMatters_org](https://www.pinterest.com/@InternetMatters_org)



Together Trust Coffee Morning



Theme:
Coping with
Christmas

**DATE: WEDNESDAY
6TH DECEMBER 2023
10AM - 12 NOON**

- Come and enjoy coffee and refreshments
- Chance to meet others
- Opportunities to ask questions to professionals
- Professional in social communication and ASD presenting

Autism Friendly Christmas Tips
Christmas is different to other times of the year – it can be loud, intense, bright, unpredictable & busy.

<p>LIGHTS Get lights that have controls to adjust the brightness and the flashing function</p>		<p>UNPREDICTABILITY Prepare a person for what's happening around the Christmas period, e.g. social stories, timetables, who will be visiting/what time is dinner</p>
<p>TAKE A BREAK Christmas day can be intense...ensure there are opportunities for breaks, quiet space & keep headphones handy</p>		<p>EATING A person's idea of Christmas dinner may not be the same as the traditional meal...pizza or pasta is cool to eat too!</p>
<p>PRESENTS Not everyone likes presents, not everyone likes opening presents in front of others, not everyone likes the surprise of a wrapped gift</p>		<p>HAVING FUN Create games that includes everyone...change the rules if you need to so that everyone can play</p>

VISITS
Unannounced visits are unpredictable... let the person know that someone is calling

Gheel
www.gheel.org.uk

We look forward to seeing you there.
Open to families, extended families and those who support our students.



LOCAL OFFER LIVE

Sefton Local Offer Live is back!

Wednesday 22nd November

9:30am-5:30pm

Family Life Centre, Ash Street, Southport, PR8 6JH

Join us for our SEND services marketplace to find out about support here in Sefton.

- Children's Social Care
- Education Services
- SEND Charities
- NHS Services



Sefton Council 

SEFTON
SEND
PARTNERSHIP





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Online help and advice

If you have any worries or concerns regarding a child while school is closed please take a look at how you can report something that doesn't fit right with you [Worried about a child \(sefton.gov.uk\)](https://www.sefton.gov.uk).

Kooth is an online mental well-being website. 0203 984 9337 www.kooth.com

Childline is a free, private, and confidential service that you can access online and on the phone. They can provide help and support for people up to their 19th birthday. 0800 1111 www.childline.org.uk

Samaritans is where you can access confidential emotional support at any time by calling 116 123 or emailing jo@samaritans.org www.samaritans.org

Shout is a 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258. www.crisistextline.uk

Police If you or somebody else is in danger, or it feels like a situation might get dangerous and you need support right away, click here to find out how to contact the police. www.police.uk

NHS Choices Mental health services are free on the NHS.

To get urgent medical help, use the NHS 111 online service, or call 111 if you're unable to get help online. For life-threatening emergencies, call 999 for an ambulance. www.nhs.uk

Report abuse CEOP help children stay safe online. If anybody acts inappropriately towards you or another child or young person online (such as sexual chat or being asked to do something that makes you feel uncomfortable); you can report it here. www.ceop.police.uk/safety-centre

Bullybusters is an anti-bullying initiative for children and young people. 0800 169 6928 www.bullybusters.org.uk

Parenting 2000 provides therapy, clinical help, and rehabilitation services. 01704 380047 www.parenting2000.org.uk

The Universal Services Guide

Sefton have created a guide detailing information for children aged 0-25 and their families who want to find out about support services available to them. This includes information about health professionals for all ages, leisure services, inclusive activities, and lots more.

https://www.seftondirectory.com/kb5/sefton/directory/advice.page?id=GK_tnRp_Tc

If you are worried about a child, please contact the Police in an emergency or to make a referral to Children's Social Care please follow this link <https://tinyurl.com/yywyg3or>

For non-emergencies, call [111](tel:111) or the MASH Team on [0151 934 4013](tel:01519344013).

SEND Support

Please follow the link below to see what support is on offer to families in the community of children who may have additional needs or struggles. There are sessions on sleep management, sensory workshops, eating etc. so help is available in so many ways.

<https://www.addvancedsolutions.co.uk/news/newsletters>



Online help and advice

Childhood Bereavement Network

A website of resources to support children and young people who have suffered bereavement.

www.childhoodbereavementnetwork.org.uk
www.childhoodbereavementnetwork.org.uk/training.aspx

Young Minds

Young Minds is a general mental health website, with a section on supporting children through grief and loss.

www.youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-grief-and-loss/

Winstons Wish

A website offering support for a child or young person around bereavement.

www.winstonswish.org

Hope Again

Resources for Children and Young People who suffered bereavement.

www.hopeagain.org.uk

Losing a child is the most traumatic experience anyone will face. There are specialist support services available for families that can be accessed directly by the family. Here is a list of resources available to help families in this difficult time.

Sands

A charity that supports families who have suffered a still born or miscarriage of a child.

www.sands.org.uk/

The Good Grief Trust

A website that offers general advice about bereavement including the loss of a child.

www.thegoodgrieftrust.org/

The Compassionate Friends

A website that offers support for families who have lost a child.

www.tcf.org.uk/

NHS Chathealth

If you are a parent of an 11–19-year-old, the NHS have launched a Chat Health text message service on 07312 263291. This service is confidential and anonymous.

E-safety

<https://www.familyeducation.com/mobile-apps/a-complete-guide-to-potentially-dangerous-apps-all-parents-should-be-aware-of>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://swgfl.org.uk/resources/online-safety-guidance-for-parents/>